

i'm a
BREAD
project

07/01/2026 - 07/31/2026

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW



Website: <https://hmp.healthier.ms/>
IP Address: 141.193.213.10
WordPress Version: 7.0.2



UPDATES

Updates performed: 12



UPTIME

Overall uptime: 99.908%



ANALYTICS

37.1% average decrease in sessions in the previous period



SECURITY

Your website is safe

UPDATES



Total updates performed: **12**

07/01/2026 to 07/31/2026

OVERVIEW

Plugin updates

10

Theme updates

1

WordPress updates

1

UPDATES HISTORY (1/2)

Plugin name	Plugin version			Date
Yoast SEO	28.0	→	28.1	07/31/2026
WPForms	1.10.2.1	→	2.0.0	07/17/2026
WP Mail SMTP Pro	4.8.0	→	4.9.0	07/17/2026
Yoast SEO	27.9	→	28.0	07/17/2026
Simple Custom Post Order	2.8.3	→	2.8.4	07/17/2026
Redirection	5.8.0	→	5.9.0	07/17/2026
ManageWP - Worker	4.9.34	→	4.9.35	07/16/2026

UPDATES HISTORY (2/2)

Plugin name	Plugin version			Date
Simple Custom Post Order	2.8.1	➔	2.8.2	07/07/2026
Use Any Font	6.3.14	➔	6.4	07/06/2026
WPForms	1.10.2	➔	1.10.2.1	07/06/2026

Theme name	Theme version			Date
Divi	4.27.6	➔	4.27.7	07/17/2026

WordPress	WordPress version			Date
-	7.0	➔	7.0.1	07/17/2026

 UPTIME



Up for: **5h 16m**
Overall Uptime: **99.908%**

OVERVIEW

last 24 hours
99%

last 7 days
99%

last 30 days
99%

UPTIME HISTORY

Event	Date	Reason	Duration
UP	07/31/2026	HTTP 200 - OK	5h 16m
DOWN	07/31/2026	504 Gateway Timeout	6m 15s
UP	07/29/2026	HTTP 200 - OK	2d 16h
DOWN	07/29/2026	timeout was reached: 30.000206403s	4m 31s
UP	07/19/2026	HTTP 200 - OK	9d 2h
DOWN	07/19/2026	timeout was reached: 30.000205983s	5m 9s

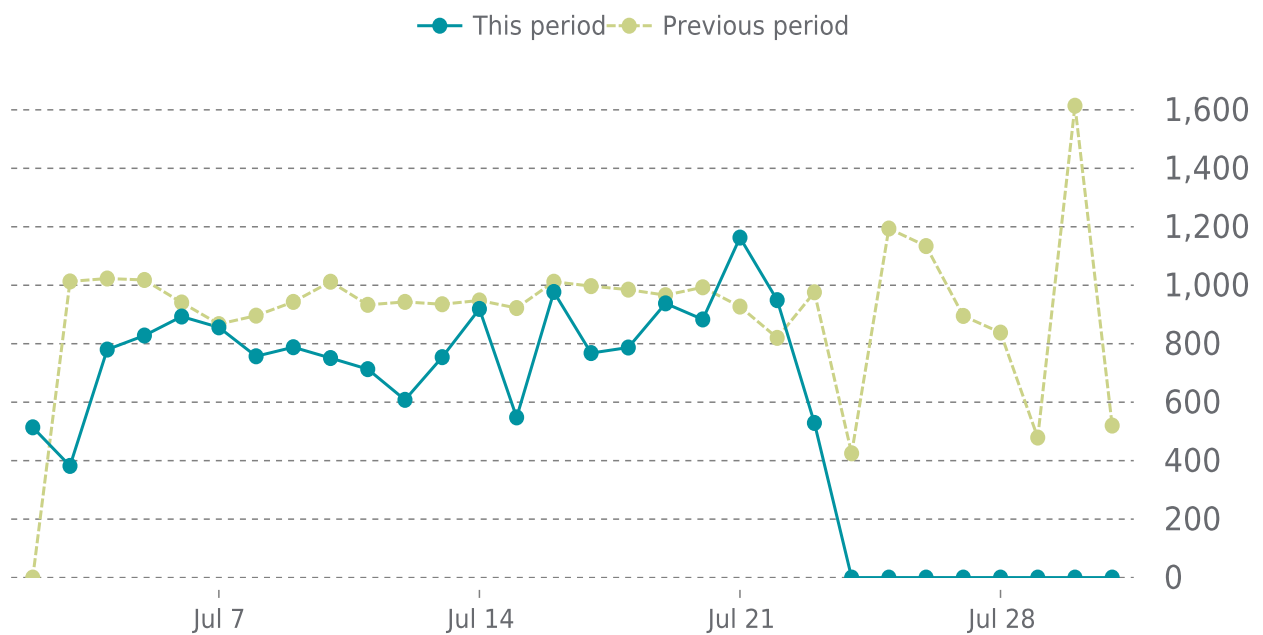
✓ ANALYTICS



Traffic down by: **37.1%**

07/01/2026 to 07/31/2026

SESSIONS



SECURITY



Total security checks: **5**
07/01/2026 to 07/31/2026

MOST RECENT SCAN
07/23/2026

Vulnerabilities: Clean

Malware: Clean

Web Trust: Clean

Total Vulnerabilities: 0

SECURITY SCAN HISTORY

Date	Malware	Vulnerabilities	Web Trust
07/23/2026 17:11	Clean	Clean	Clean
07/23/2026 17:10	Clean	Detected	Clean
07/16/2026 8:19	Clean	Clean	Clean
07/08/2026 9:16	Clean	Clean	Clean
07/01/2026 8:34	Clean	Clean	Clean

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team