https://hmp.healthier.ms/

i'm a
BREAD
project

06/01/2026 - 06/30/2026

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW

Website: https://hmp.healthier.ms/
IP Address: 141.193.213.11
WordPress Version: 7.0

UPDATES

Updates performed: 13

UPTIME

Overall uptime: 94.044%

ANALYTICS

56.6% average increase in sessions in the previous period

SECURITY

Your website is safe

UPDATES

Total updates performed: **13**

06/01/2026 to 06/30/2026

OVERVIEW

Plugin updates
11

Theme updates
1

WordPress updates
1

UPDATES HISTORY (1/2)

Plugin name	Plugin version			Date
Yoast SEO	27.8	→	27.9	06/24/2026
Colorlib Login Customizer	2.1.0	→	2.2.1	06/24/2026
Post Types Order	2.4.7	→	2.4.8	06/24/2026
Simple Custom Post Order	2.8.0	→	2.8.1	06/24/2026
WPForms	1.10.0.4	→	1.10.1.1	06/22/2026
Yoast SEO	27.7	→	27.8	06/22/2026
Simple Custom Post Order	2.6.0	→	2.7.3	06/22/2026

UPDATES HISTORY (2/2)

Plugin name	Plugin version			Date
Redirection	5.7.5	→	5.8.0	06/22/2026
Classic Editor	1.6.7	→	1.7.0	06/22/2026
PublishPress Capabilities	2.43.0	→	2.45.0	06/22/2026
WP Activity Log	5.6.3.1	→	5.6.4	06/18/2026

Theme name	Theme version			Date
Twenty Twenty-One	2.7	→	2.8	06/09/2026

WordPress	WordPress version			Date
-	6.9.4	→	7.0	06/10/2026

UPTIME

Up for: **1h 25m**
Overall Uptime: **94.044%**

OVERVIEW

last 24 hours	last 7 days	last 30 days
99%	**99%**	**99%**

UPTIME HISTORY

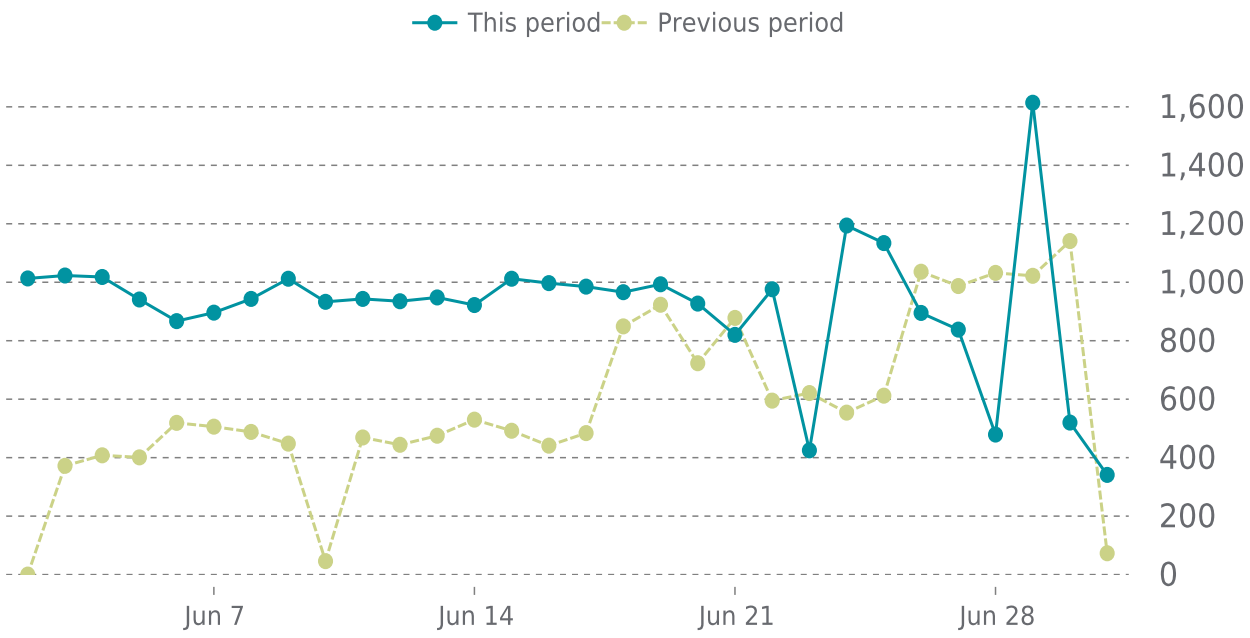
Event	Date	Reason	Duration
UP	06/30/2026	HTTP 200 - OK	1h 25m
DOWN	06/30/2026	504 Gateway Timeout	5m 25s

ANALYTICS

Traffic up by: **56.6%**

06/01/2026 to 06/30/2026

SESSIONS



SECURITY

Total security checks: **4**

06/01/2026 to 06/30/2026

MOST RECENT SCAN

06/23/2026

Vulnerabilities: Clean

Malware: Clean Web Trust: Clean Total Vulnerabilities: 0

SECURITY SCAN HISTORY

Date	Malware	Vulnerabilities	Web Trust
06/23/2026 8:24	Clean	Clean	Clean
06/15/2026 9:17	Clean	Clean	Clean
06/15/2026 9:15	Clean	Detected	Clean
06/08/2026 5:51	Clean	Clean	Clean

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team