

*i'm a*  
**BREAD**  
*project*

04/24/2026 - 04/30/2026

**Monthly Maintenance Report**

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current ESSENTIAL Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, and performance that can help you discern where you are and drive your future growth.

# OVERVIEW



Website: <https://healthier.ms/>  
IP Address: 141.193.213.10  
WordPress Version: 6.9.4



## UPDATES

Updates performed: 1



## UPTIME

Overall uptime: 100.000%

# UPDATES



Total updates performed: **1**

04/24/2026 to 04/30/2026

## OVERVIEW

Plugin updates

**1**

## UPDATES HISTORY

Plugin name	Plugin version	Date
PublishPress Capabilities	2.42.0 → 2.43.0	04/27/2026

# UPTIME



Up for: **19d 19h**  
Overall Uptime: **100.000%**

## OVERVIEW

last 24 hours

**100%**

last 7 days

**100%**

last 30 days

**99%**

## UPTIME HISTORY

Event	Date	Reason	Duration
UP	04/11/2026	HTTP 200 - OK	19d 19h

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team