

*i'm a*  
**BREAD**  
*project*

01/01/2026 - 01/31/2026

**Monthly Maintenance Report**

# BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

# OVERVIEW



Website: <https://bradfordhealth.com/>  
IP Address: 172.66.40.162  
WordPress Version: 6.9.1



## BACKUPS

Backups created: 90; Latest one on: 02/27/2026 13:10



## UPDATES

Updates performed: 12



## UPTIME

Overall uptime: 99.644%



## ANALYTICS

19.1% average increase in sessions in the previous period



## SECURITY

Your website is safe



## PERFORMANCE

PageSpeed score: 57; YSlow score: 73

# ✓ BACKUPS



Backups created: **31**  
01/01/2026 to 01/31/2026

Total backups available: **90**

## LATEST BACKUPS



Backup size  
2676.54MB



WordPress version  
6.8.3



Active Theme  
Creative Bread Studio



Active Plugins  
34



Published posts  
245



Approved comments  
0

# UPDATES



Total updates performed: **12**

01/01/2026 to 01/31/2026

## OVERVIEW

Plugin updates

**12**

## UPDATES HISTORY (1/2)

Plugin name	Plugin version		Date
ManageWP - Worker	4.9.28	→ 4.9.28	01/28/2026
Yoast SEO Premium	26.6	→ 26.8	01/20/2026
WP-Optimize - Clean, Compress, Cache	4.4.0	→ 4.4.1	01/20/2026
Yoast SEO	26.6	→ 26.8	01/20/2026
UpdraftPlus - Backup/Restore	1.25.9	→ 1.26.1	01/20/2026
Search Regex	3.2	→ 3.3.1	01/20/2026
Redirection	5.6.0	→ 5.6.1	01/20/2026

## UPDATES HISTORY (2/2)

Plugin name	Plugin version			Date
Imagify	2.2.6	➔	2.2.7	01/20/2026
Simple Custom CSS and JS	3.51.2	➔	3.51.3	01/20/2026
Colorlib Login Customizer	1.3.4	➔	2.1.0	01/20/2026
ManageWP - Worker	4.9.26	➔	4.9.26	01/12/2026
Redirection	5.5.2	➔	5.6.0	01/05/2026

# UPTIME



Up for: **12d 6h**  
Overall Uptime: **99.644%**

## OVERVIEW

last 24 hours

**100%**

last 7 days

**100%**

last 30 days

**99%**

## UPTIME HISTORY (1/2)

Event	Date	Reason	Duration
UP	01/19/2026	HTTP 200 - OK	12d 6h
DOWN	01/19/2026	timeout was reached: 29.971550291s	4m 41s
UP	01/19/2026	HTTP 200 - OK	8h 34m
DOWN	01/19/2026	invokeLambda err: lambda function error: Unhandled:	12m 17s
UP	01/16/2026	HTTP 200 - OK	2d 15h
DOWN	01/16/2026	invokeLambda err: operation error Lambda: Invoke, excee...	9m 34s
UP	01/16/2026	HTTP 200 - OK	17m 42s
DOWN	01/16/2026	invokeLambda err: operation error Lambda: Invoke, excee...	21m 26s
UP	01/15/2026	HTTP 200 - OK	1d 4h
DOWN	01/15/2026	invokeLambda err: lambda function error: Unhandled:	26m 30s

## UPTIME HISTORY (2/2)

Event	Date	Reason	Duration
UP	01/13/2026	HTTP 200 - OK	2d
DOWN	01/13/2026	got status code 504 for bradfordhealth.com <{"mes...	16m 15s
UP	01/13/2026	HTTP 200 - OK	2h 32m
DOWN	01/13/2026	got status code 504 for bradfordhealth.com <{"mes...	5m 2s

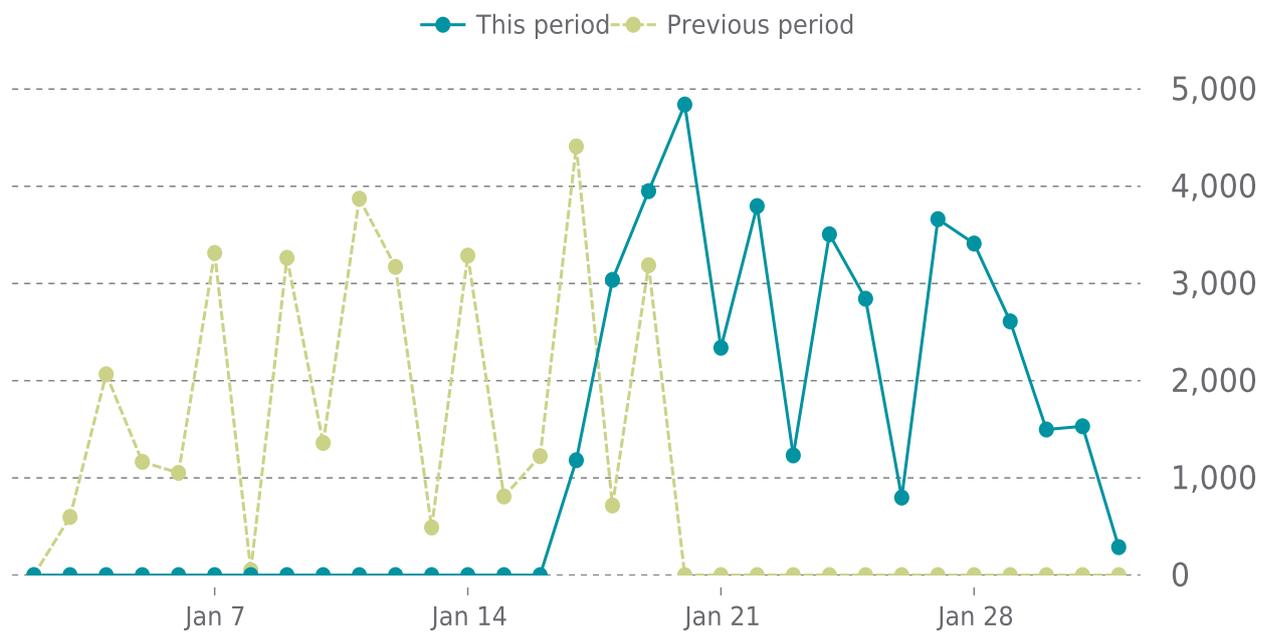
# ✓ ANALYTICS



Traffic up by: **19.1%**

01/01/2026 to 01/31/2026

## SESSIONS



# SECURITY



Total security checks: **38**

01/01/2026 to 01/31/2026

## MOST RECENT SCAN

01/31/2026

Vulnerabilities: **Clean**

Malware: **Clean**

Web Trust: **Clean**

Total Vulnerabilities: **0**

## SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
01/31/2026 5:01	Clean	Clean	Clean
01/30/2026 5:24	Clean	Clean	Clean
01/29/2026 3:18	Clean	Clean	Clean
01/28/2026 7:00	Clean	Clean	Clean
01/28/2026 7:00	Clean	Clean	Clean
01/27/2026 3:49	Clean	Clean	Clean
01/26/2026 7:45	Clean	Clean	Clean
01/25/2026 2:16	Clean	Clean	Clean
Monthly Maintenance Report 01/25/2026 2:16	Clean	Clean	Clean
01/24/2026 2:51	Clean	Clean	Clean

## SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
01/21/2026 3:38	Clean	Clean	Clean
01/20/2026 6:49	Clean	Clean	Clean
01/19/2026 5:00	Clean	Clean	Clean
01/18/2026 6:42	Clean	Clean	Clean
01/17/2026 1:51	Clean	Clean	Clean
01/16/2026 6:55	Clean	Clean	Clean
01/15/2026 2:54	Clean	Clean	Clean
01/14/2026 5:23	Clean	Clean	Clean
01/13/2026 6:44	Clean	Clean	Clean
01/12/2026 4:56	Clean	Clean	Clean
01/11/2026 4:41	Clean	Clean	Clean
01/10/2026 6:44	Clean	Clean	Clean
01/09/2026 7:31	Clean	Clean	Clean
01/08/2026 2:35	Clean	Clean	Clean
01/07/2026 2:24	Clean	Clean	Clean

## SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
01/06/2026 2:27	Clean	Clean	Clean
01/05/2026 5:55	Clean	Clean	Clean
01/04/2026 1:26	Clean	Clean	Clean
01/04/2026 1:25	Clean	Clean	Clean
01/03/2026 3:54	Clean	Clean	Clean
01/02/2026 5:15	Clean	Clean	Clean
01/02/2026 5:15	Clean	Clean	Clean
01/01/2026 4:06	Clean	Clean	Clean

# ✓ PERFORMANCE



Total performance checks: **40**

01/01/2026 to 01/31/2026

## MOST RECENT SCAN

01/31/2026

PageSpeed Grade



**E (57%)**

Previous check: 56%

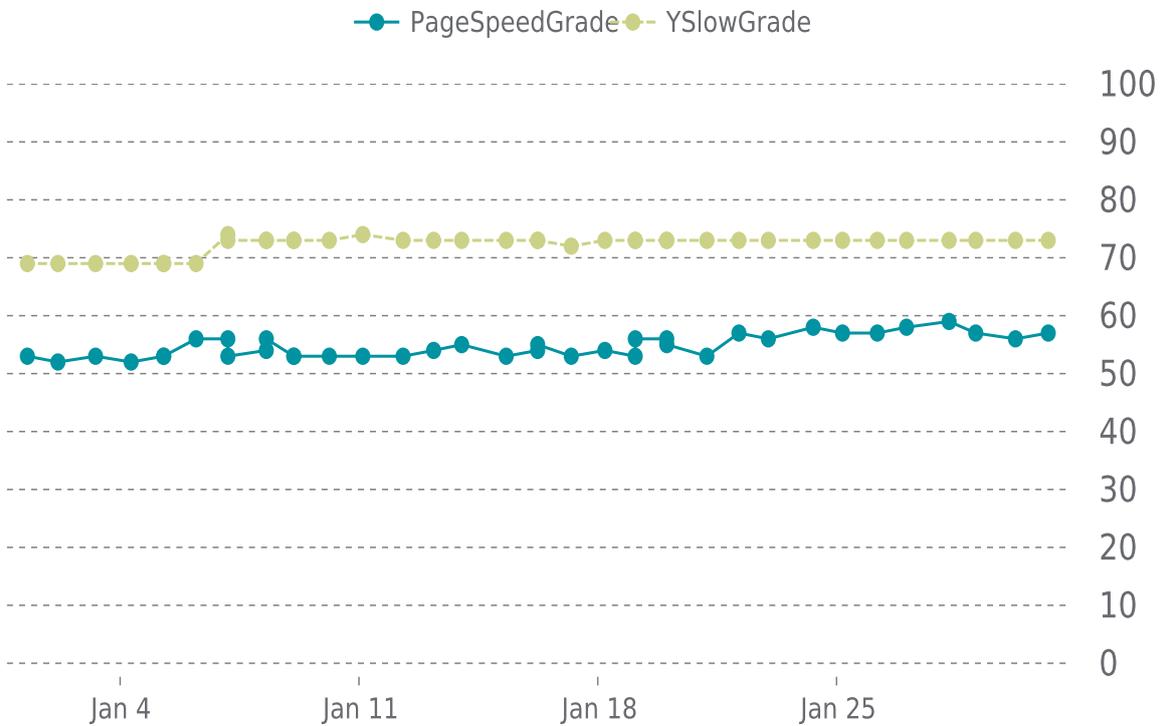
YSlow Grade



**C (73%)**

Previous check: 73%

## PERFORMANCE OVERVIEW



## PERFORMANCE HISTORY (1/3)

Date	Load time	PageSpeed	YSlow
01/31/2026 04:55	1.86 s	E (57%)	C (73%)
01/30/2026 05:50	1.89 s	E (56%)	C (73%)
01/29/2026 01:54	2.09 s	E (57%)	C (73%)
01/28/2026 07:08	1.89 s	E (59%)	C (73%)
01/27/2026 01:12	1.77 s	E (58%)	C (73%)
01/27/2026 01:12	1.88 s	E (58%)	C (73%)
01/26/2026 04:39	2.05 s	E (57%)	C (73%)
01/25/2026 04:10	1.89 s	E (57%)	C (73%)
01/24/2026 07:35	1.91 s	E (58%)	C (73%)
01/23/2026 00:00	1.91 s	E (56%)	C (73%)
01/22/2026 03:18	1.91 s	E (57%)	C (73%)
01/21/2026 04:44	1.85 s	E (53%)	C (73%)
01/20/2026 00:34	1.72 s	E (55%)	C (73%)
01/20/2026 00:31	1.89 s	E (56%)	C (73%)
01/19/2026 02:25	1.88 s	E (56%)	C (73%)

## PERFORMANCE HISTORY (2/3)

Date	Load time	PageSpeed	YSlow
01/19/2026 02:22	2.20 s	E (53%)	C (73%)
01/18/2026 05:02	1.73 s	E (54%)	C (73%)
01/17/2026 05:22	1.98 s	E (53%)	C (72%)
01/16/2026 05:43	1.63 s	E (55%)	C (73%)
01/16/2026 05:42	1.91 s	E (54%)	C (73%)
01/15/2026 07:34	1.96 s	E (56%)	C (73%)
01/15/2026 07:34	1.93 s	E (53%)	C (73%)
01/14/2026 00:16	2.06 s	E (55%)	C (73%)
01/13/2026 04:33	1.80 s	E (54%)	C (73%)
01/12/2026 07:03	1.82 s	E (53%)	C (73%)
01/11/2026 02:42	1.83 s	E (53%)	C (74%)
01/10/2026 03:07	1.73 s	E (53%)	C (73%)
01/09/2026 02:11	2.02 s	E (53%)	C (73%)
01/09/2026 02:10	1.93 s	E (53%)	C (73%)
01/08/2026 06:50	1.78 s	E (56%)	C (73%)

## PERFORMANCE HISTORY (3/3)

Date	Load time	PageSpeed	YSlow
01/08/2026 06:49	1.90 s	E (54%)	C (73%)
01/07/2026 03:48	1.85 s	E (53%)	C (73%)
01/07/2026 03:47	1.87 s	E (56%)	C (74%)
01/06/2026 05:27	2.01 s	E (56%)	D (69%)
01/05/2026 06:37	1.82 s	E (53%)	D (69%)
01/05/2026 06:36	1.89 s	E (53%)	D (69%)
01/04/2026 07:43	1.87 s	E (52%)	D (69%)
01/03/2026 06:42	1.81 s	E (53%)	D (69%)
01/02/2026 04:14	2.01 s	E (52%)	D (69%)
01/01/2026 06:45	1.89 s	E (53%)	D (69%)

# BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team