

i'm a
BREAD
project

01/24/2026 - 01/30/2026

Monthly Maintenance Report

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business. The following maintenance report contains the data from key categories relevant to website operation and performance. With your current ESSENTIAL Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, and performance that can help you discern where you are and drive your future growth.

OVERVIEW



Website: <https://healthier.ms/>
IP Address: 141.193.213.10
WordPress Version: 6.8.3



UPTIME

Overall uptime: 99.557%

UPTIME



Up for: **14h 12m**
Overall Uptime: **99.557%**

OVERVIEW

last 24 hours

99%

last 7 days

99%

last 30 days

99%

UPTIME HISTORY

Event	Date	Reason	Duration
UP	01/30/2026	HTTP 200 - OK	14h 12m
DOWN	01/30/2026	timeout was reached: 30.00033938s	5m 34s
UP	01/30/2026	HTTP 200 - OK	6h 55m
DOWN	01/30/2026	timeout was reached: 30.000594391s	4m 42s
UP	01/26/2026	HTTP 200 - OK	3d 17h
DOWN	01/26/2026	504 Gateway Time-out	19m 14s

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!Your BREAD Maintenance Team