

*i'm a*  
**BREAD**  
*project*

12/01/2025 - 12/31/2025

**Monthly Maintenance Report**

# BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business. The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

# OVERVIEW



Website: <https://bradfordhealth.com/>  
IP Address: 172.66.40.162  
WordPress Version: 6.8.3



## BACKUPS

Backups created: 90; Latest one on: 01/30/2026 13:09



## UPDATES

Updates performed: 26



## UPTIME

Overall uptime: 99.986%



## ANALYTICS

52.3% average decrease in sessions in the previous period



## SECURITY

Your website is safe



## PERFORMANCE

PageSpeed score: 53; YSlow score: 69

# ✓ BACKUPS



Backups created: **31**  
12/01/2025 to 12/31/2025

Total backups available: **90**

## LATEST BACKUPS



Backup size  
2679.78MB



WordPress version  
6.8.3



Active Theme  
Creative Bread Studio



Active Plugins  
34



Published posts  
244



Approved comments  
0

# UPDATES



Total updates performed: **26**

12/01/2025 to 12/31/2025

## OVERVIEW

Plugin updates  
**19**

Theme updates  
**7**

## UPDATES HISTORY (1/3)

Plugin name	Plugin version	Date
Yoast SEO Premium	26.5 → 26.6	12/30/2025
WP-Optimize - Clean, Compress, Cache	4.3.1 → 4.4.0	12/30/2025
Video PopUp	2.0.2 → 2.0.3	12/30/2025
Search Regex	3.1.2 → 3.2	12/30/2025
Simple Custom CSS and JS	3.51.1 → 3.51.2	12/30/2025
WPForms	1.9.8.6 → 1.9.8.7	12/22/2025
Yoast SEO	26.5 → 26.6	12/22/2025

## UPDATES HISTORY (2/3)

Plugin name	Plugin version		Date
ManageWP - Worker	4.9.25	→ 4.9.25	12/17/2025
WPForms	1.9.8.5	→ 1.9.8.6	12/11/2025
Yoast SEO Premium	26.4	→ 26.5	12/11/2025
WP Mail SMTP	4.7.0	→ 4.7.1	12/11/2025
Carousel Maker for Divi	2.1.4	→ 2.1.5	12/11/2025
Yoast SEO	26.4	→ 26.5	12/11/2025
VWO	4.9	→ 4.10	12/11/2025
Video PopUp	2.0.1	→ 2.0.2	12/11/2025
Use Any Font	6.3.13	→ 6.3.14	12/11/2025
Post Types Order	2.4	→ 2.4.1	12/11/2025
Microsoft Clarity	0.10.9	→ 0.10.15	12/11/2025
PublishPress Capabilities	2.21.0	→ 2.23.0	12/11/2025

Theme name	Theme version		Date
Twenty Twenty-Two	2.0	→ 2.1	12/17/2025

## UPDATES HISTORY (3/3)

Theme name	Theme version	Date
Twenty Twenty-One	2.6 → 2.7	12/17/2025
Twenty Twenty-Four	1.3 → 1.4	12/17/2025
Twenty Twenty-Five	1.3 → 1.4	12/17/2025
Twenty Twenty	2.9 → 3.0	12/17/2025
Twenty Nineteen	3.1 → 3.2	12/17/2025
Divi	4.27.4 → 4.27.5	12/17/2025

# UPTIME



Up for: **14d 21h**  
Overall Uptime: **99.986%**

## OVERVIEW

last 24 hours

**100%**

last 7 days

**100%**

last 30 days

**99%**

## UPTIME HISTORY

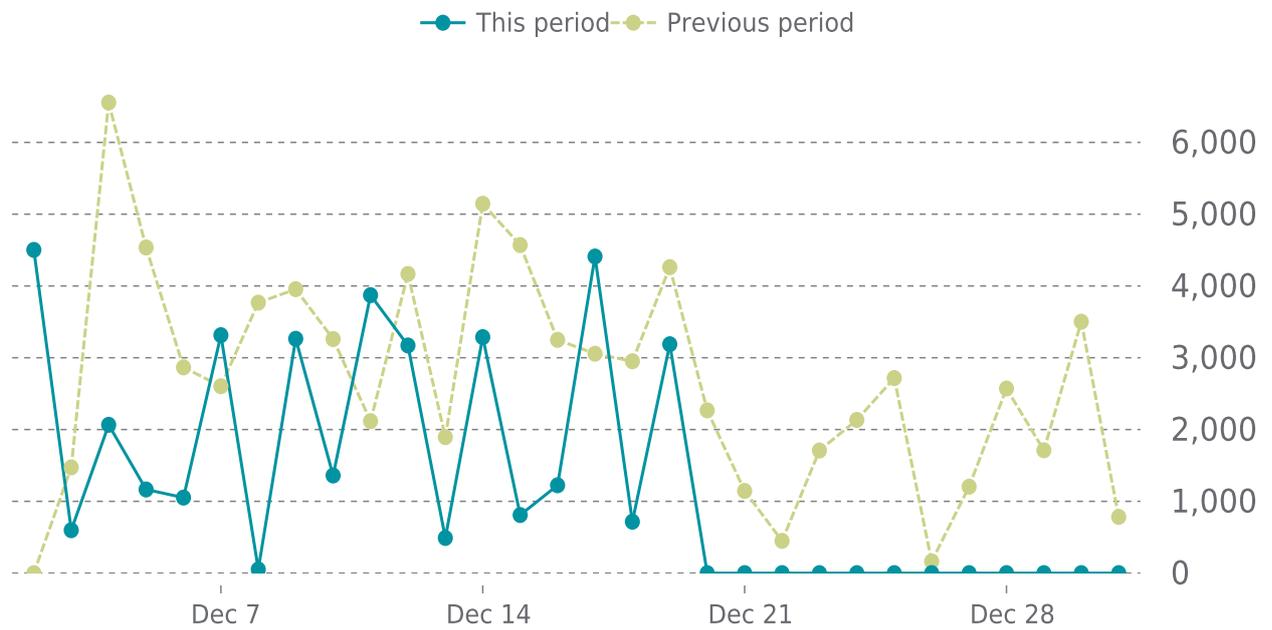
Event	Date	Reason	Duration
UP	12/17/2025	The response could not be received within 30 seconds	14d 21h
DOWN	12/17/2025	The response could not be received within 30 seconds	2m 4s
UP	12/12/2025	The response could not be received within 30 seconds	5d
DOWN	12/12/2025	The response could not be received within 30 seconds	2m 3s

# ✓ ANALYTICS



Traffic down by: **52.3%**  
12/01/2025 to 12/31/2025

## SESSIONS



# SECURITY



Total security checks: **33**

12/01/2025 to 12/31/2025

## MOST RECENT SCAN

12/31/2025

Status: **Clean**

Malware: **Clean**

Web Trust: **Clean**

Vulnerabilities: **0**

## SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
12/31/2025 0:43	Clean	Clean	Clean
12/30/2025 1:48	Clean	Clean	Clean
12/29/2025 7:51	Clean	Clean	Clean
12/28/2025 5:37	Clean	Clean	Clean
12/27/2025 5:26	Clean	Clean	Clean
12/26/2025 2:30	Clean	Clean	Clean
12/25/2025 0:58	Clean	Clean	Clean
12/25/2025 0:56	Clean	Clean	Clean
12/24/2025 7:47	Clean	Clean	Clean

## SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
12/23/2025 5:52	Clean	Clean	Clean
12/22/2025 1:20	Clean	Clean	Clean
12/21/2025 2:56	Clean	Clean	Clean
12/20/2025 4:21	Clean	Clean	Clean
12/19/2025 5:05	Clean	Clean	Clean
12/18/2025 5:48	Clean	Clean	Clean
12/17/2025 0:25	Clean	Clean	Clean
12/16/2025 5:26	Clean	Clean	Clean
12/15/2025 2:01	Clean	Clean	Clean
12/14/2025 7:04	Clean	Clean	Clean
12/13/2025 0:46	Clean	Clean	Clean
12/12/2025 1:02	Clean	Clean	Clean
12/11/2025 3:50	Clean	Clean	Clean
12/11/2025 3:40	Clean	Clean	Clean
12/10/2025 5:30	Clean	Clean	Clean

## SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
12/09/2025 1:54	Clean	Clean	Clean
12/08/2025 3:31	Clean	Clean	Clean
12/07/2025 4:52	Clean	Clean	Clean
12/06/2025 1:57	Clean	Clean	Clean
12/05/2025 6:06	Clean	Clean	Clean
12/04/2025 5:46	Clean	Clean	Clean
12/03/2025 8:08	Clean	Clean	Clean
12/02/2025 6:16	Clean	Clean	Clean
12/01/2025 9:51	Clean	Clean	Clean

# ✓ PERFORMANCE



Total performance checks: **33**

12/01/2025 to 12/31/2025

## MOST RECENT SCAN

12/31/2025

PageSpeed Grade



**E (53%)**

Previous check: 52%

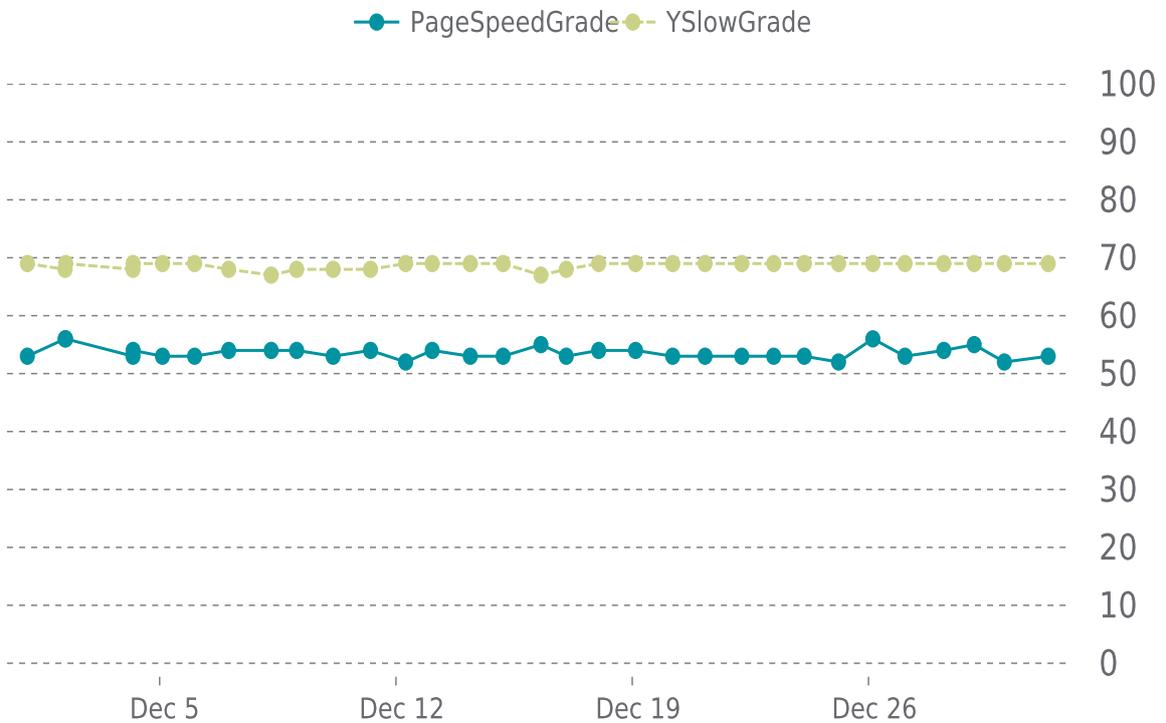
YSlow Grade



**D (69%)**

Previous check: 69%

## PERFORMANCE OVERVIEW



## PERFORMANCE HISTORY (1/3)

Date	Load time	PageSpeed	YSlow
12/31/2025 07:48	1.88 s	E (53%)	D (69%)
12/30/2025 00:36	1.84 s	E (52%)	D (69%)
12/29/2025 03:08	1.79 s	E (55%)	D (69%)
12/28/2025 05:31	1.77 s	E (54%)	D (69%)
12/27/2025 01:54	1.90 s	E (53%)	D (69%)
12/26/2025 03:05	2.05 s	E (56%)	D (69%)
12/25/2025 02:43	2.02 s	E (52%)	D (69%)
12/24/2025 02:20	1.98 s	E (53%)	D (69%)
12/23/2025 04:35	2.19 s	E (53%)	D (69%)
12/22/2025 05:52	2.01 s	E (53%)	D (69%)
12/21/2025 03:47	1.97 s	E (53%)	D (69%)
12/20/2025 04:46	2.00 s	E (53%)	D (69%)
12/19/2025 02:23	2.01 s	E (54%)	D (69%)
12/18/2025 00:08	2.03 s	E (54%)	D (69%)
12/17/2025 01:06	3.84 s	E (53%)	D (68%)

## PERFORMANCE HISTORY (2/3)

Date	Load time	PageSpeed	YSlow
12/16/2025 07:04	2.87 s	E (55%)	D (67%)
12/15/2025 04:12	1.93 s	E (53%)	D (69%)
12/14/2025 04:51	2.14 s	E (53%)	D (69%)
12/13/2025 01:48	1.95 s	E (54%)	D (69%)
12/12/2025 06:55	2.54 s	E (52%)	D (69%)
12/11/2025 05:55	1.98 s	E (54%)	D (68%)
12/10/2025 03:20	2.42 s	E (55%)	C (70%)
12/10/2025 03:20	1.90 s	E (53%)	D (68%)
12/09/2025 01:23	2.58 s	E (54%)	D (68%)
12/08/2025 07:19	2.48 s	E (54%)	D (67%)
12/07/2025 01:05	1.85 s	E (54%)	D (68%)
12/06/2025 00:50	2.13 s	E (53%)	D (69%)
12/05/2025 01:59	1.89 s	E (53%)	D (69%)
12/04/2025 05:07	2.28 s	E (54%)	D (69%)
12/04/2025 05:02	2.68 s	E (53%)	D (68%)

## PERFORMANCE HISTORY (3/3)

Date	Load time	PageSpeed	YSlow
12/02/2025 05:10	1.88 s	E (56%)	D (69%)
12/02/2025 04:46	2.05 s	E (56%)	D (68%)
12/01/2025 01:57	1.87 s	E (53%)	D (69%)

# BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!Your BREAD Maintenance Team