i'm a
BREAD
project

11/01/2025 - 11/30/2025

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW

Website: https://cavalierhealthcare.com/
IP Address: 141.193.213.11
WordPress Version: 6.8.3

BACKUPS

Backups created: 90; Latest one on: 11/30/2025 7:28

UPDATES

Updates performed: 4

UPTIME

Overall uptime: 99.684%

ANALYTICS

16.8% average increase in sessions in the previous period

SECURITY

Your website is safe

PERFORMANCE

PageSpeed score: 93; YSlow score: 81

✅ BACKUPS
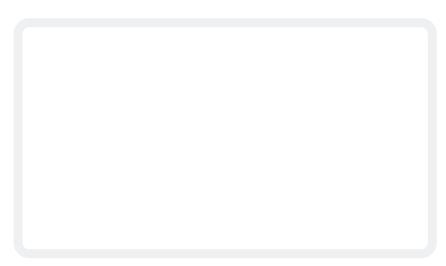
Backups created: 30
11/01/2025 to 11/30/2025

Total backups available: 90

LATEST BACKUPS

Backup size
275.91MB

WordPress version
6.8.3

Active Theme
Creative Bread Studio

Active Plugins
13

Published posts
1

Approved comments
1

✅ UPDATES

Total updates performed: 4

11/01/2025 to 11/30/2025

OVERVIEW

Plugin updates

4

UPDATES HISTORY

Plugin name	Plugin version			Date
Toolset Views	3.6.20	➔	3.6.21	11/27/2025
WPForms	1.9.8.1	➔	1.9.8.5	11/27/2025
WP Activity Log	5.5.3	➔	5.5.4	11/27/2025
Yoast SEO	26.0	➔	26.4	11/27/2025

✅ UPTIME

Up for: **7h 39m**
Overall Uptime: **99.684%**

OVERVIEW

last 24 hours	last 7 days	last 30 days
99%	**99%**	**99%**

UPTIME HISTORY
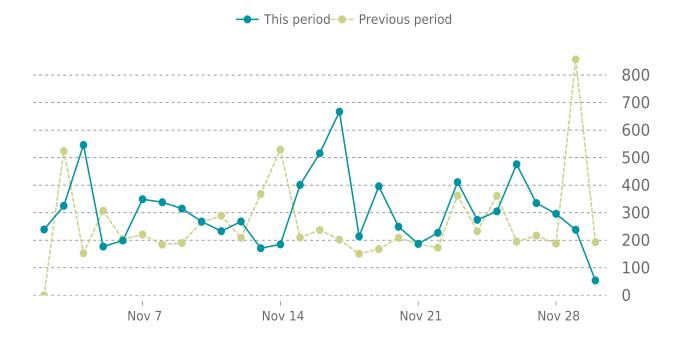
Event	Date	Reason	Duration
UP	11/30/2025	The response could not be received within 30 seconds	7h 39m
DOWN	11/30/2025	The response could not be received within 30 seconds	4m 34s
UP	11/29/2025	The response could not be received within 30 seconds	1d 5h
DOWN	11/29/2025	The response could not be received within 30 seconds	4m 35s
UP	11/26/2025	The response could not be received within 30 seconds	2d 8h
DOWN	11/26/2025	The response could not be received within 30 seconds	2m 8s
UP	11/25/2025	The response could not be received within 30 seconds	20h 33m
DOWN	11/25/2025	The response could not be received within 30 seconds	10m 33s

✅ ANALYTICS

Traffic up by: **16.8%**

11/01/2025 to 11/30/2025

SESSIONS

✅ SECURITY

Total security checks: **32**
11/01/2025 to 11/30/2025

MOST RECENT SCAN
11/30/2025

Status: Clean

Malware: Clean   Web Trust: Clean   Vulnerabilities: 0

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
11/30/2025 1:58	Clean	Clean	Clean
11/29/2025 0:50	Clean	Clean	Clean
11/28/2025 5:17	Clean	Clean	Clean
11/27/2025 1:15	Clean	Clean	Clean
11/26/2025 6:44	Clean	Clean	Clean
11/25/2025 2:55	Clean	Clean	Clean
11/24/2025 1:31	Clean	Clean	Clean
11/23/2025 2:57	Clean	Clean	Clean
11/22/2025 2:51	Clean	Clean	Clean

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SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
11/21/2025 3:56	Clean	Clean	Clean
11/20/2025 6:27	Clean	Clean	Clean
11/19/2025 3:36	Clean	Clean	Clean
11/18/2025 1:12	Clean	Clean	Clean
11/17/2025 7:06	Clean	Clean	Clean
11/16/2025 4:28	Clean	Clean	Clean
11/15/2025 2:38	Clean	Clean	Clean
11/14/2025 7:35	Clean	Clean	Clean
11/13/2025 5:18	Clean	Clean	Clean
11/13/2025 5:18	Clean	Clean	Clean
11/11/2025 3:39	Clean	Clean	Clean
11/10/2025 4:15	Clean	Clean	Clean
11/10/2025 4:15	Clean	Clean	Clean
11/09/2025 4:22	Clean	Clean	Clean
11/08/2025 6:13	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
11/07/2025 5:35	Clean	Clean	Clean
11/06/2025 7:23	Clean	Clean	Clean
11/05/2025 2:30	Clean	Clean	Clean
11/04/2025 3:16	Clean	Clean	Clean
11/03/2025 7:02	Clean	Clean	Clean
11/03/2025 7:00	Clean	Clean	Clean
11/02/2025 2:26	Clean	Clean	Clean
11/01/2025 1:32	Clean	Clean	Clean

✅ PERFORMANCE
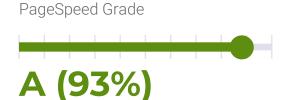
Total performance checks: 29

11/01/2025 to 11/30/2025

MOST RECENT SCAN
11/30/2025

PageSpeed Grade

A (93%)
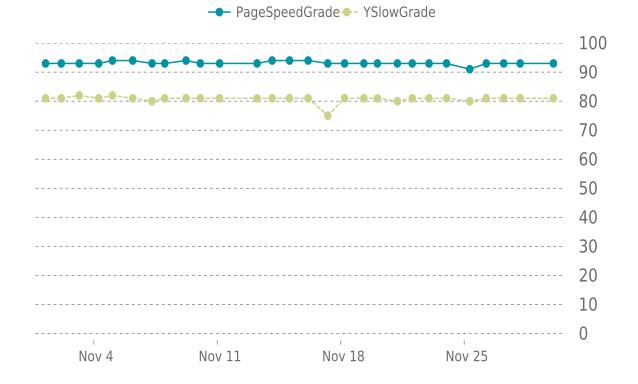
Previous check: 93%

YSlow Grade

B (81%)

Previous check: 81%

PERFORMANCE OVERVIEW

PERFORMANCE HISTORY (1/2)

Date	Load time	PageSpeed	YSlow
11/30/2025 01:27	0.78 s	A (93%)	B (81%)
11/28/2025 04:10	0.91 s	A (93%)	B (81%)
11/27/2025 05:48	0.85 s	A (93%)	B (81%)
11/26/2025 06:02	0.80 s	A (93%)	B (81%)
11/25/2025 07:35	0.85 s	A (91%)	B (80%)
11/24/2025 00:01	0.93 s	A (93%)	B (81%)
11/23/2025 00:09	0.95 s	A (93%)	B (81%)
11/22/2025 01:21	0.73 s	A (93%)	B (81%)
11/21/2025 05:03	0.95 s	A (93%)	B (80%)
11/20/2025 01:55	0.83 s	A (93%)	B (81%)
11/20/2025 01:55	1.07 s	A (93%)	B (81%)
11/19/2025 07:28	0.86 s	A (93%)	B (81%)
11/18/2025 05:15	0.79 s	A (93%)	B (81%)
11/17/2025 06:24	0.94 s	A (93%)	C (75%)
11/16/2025 03:40	0.79 s	A (94%)	B (81%)

PERFORMANCE HISTORY (2/2)

Date	Load time	PageSpeed	YSlow
11/15/2025 02:24	0.83 s	A (94%)	B (81%)
11/14/2025 02:40	0.74 s	A (94%)	B (81%)
11/13/2025 06:11	0.78 s	A (93%)	B (81%)
11/11/2025 03:14	0.78 s	A (93%)	B (81%)
11/10/2025 00:59	2.23 s	A (93%)	B (81%)
11/09/2025 05:33	0.79 s	A (94%)	B (81%)
11/08/2025 00:34	1.03 s	A (93%)	B (81%)
11/07/2025 07:19	0.72 s	A (93%)	B (80%)
11/06/2025 04:58	0.71 s	A (94%)	B (81%)
11/05/2025 01:22	0.99 s	A (94%)	B (82%)
11/04/2025 06:44	0.79 s	A (93%)	B (81%)
11/03/2025 04:14	0.89 s	A (93%)	B (82%)
11/02/2025 03:49	0.95 s	A (93%)	B (81%)
11/01/2025 06:25	0.74 s	A (93%)	B (81%)

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team