i'm a BREAD project

11/01/2025 - 11/30/2025

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW



Website: https://bradfordhealth.com/ IP Address: 172.66.40.162 WordPress Version: 6.8.3



BACKUPS

Backups created: 90; Latest one on: 11/30/2025 13:10



UPDATES

Updates performed: 16



UPTIME

Overall uptime: 99.482%



ANALYTICS

4.3% average increase in sessions in the previous period



SECURITY

Your website is safe



PERFORMANCE

PageSpeed score: 53; YSlow score: 68

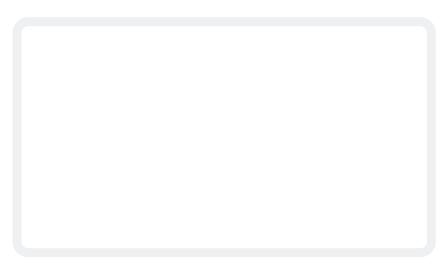




Backups created: **30** 11/01/2025 to 11/30/2025

Total backups available: 90

LATEST BACKUPS





Backup size 2669.82MB



WordPress version 6.8.3



Active Theme Creative Bread Studio



Active Plugins 33



Published posts 244

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Approved comments





Total updates performed: **16** 11/01/2025 to 11/30/2025

OVERVIEW

Plugin updates

16

UPDATES HISTORY (1/2)

Plugin name	Plugin version		sion	Date
Yoast SEO Premium	26.3	>	26.4	11/26/2025
WP-Optimize - Clean, Compress, Cache	4.3.0	>	4.3.1	11/26/2025
Yoast SEO	26.3	>	26.4	11/26/2025
Video PopUp	1.1.4	>	2.0.1	11/26/2025
Microsoft Clarity	0.10.8	>	0.10.9	11/26/2025
WP Engine Site Migration	1.7.0	>	1.7.1	11/14/2025
WPForms	1.9.8.3	>	1.9.8.5	11/14/2025

UPDATES HISTORY (2/2)

Plugin name	Plug	Plugin version		Date	
WP Mail SMTP	4.6.0	>	4.7.0	11/14/2025	
WordPress Importer	0.9.4	>	0.9.5	11/14/2025	
VWO	4.8	>	4.9	11/14/2025	
UpdraftPlus - Backup/Restore	1.25.8	>	1.25.9	11/14/2025	
Toolset Views	3.6.20	>	3.6.21	11/05/2025	
WPForms Surveys and Polls	1.15.1	>	1.16.0	11/05/2025	
WPForms	1.9.8.2	>	1.9.8.3	11/05/2025	
Yoast SEO Premium	26.2	>	26.3	11/05/2025	
Yoast SEO	26.2	>	26.3	11/05/2025	





Up for: **12d 9h**

Overall Uptime: 99.482%

OVERVIEW

last 24 hours

last 7 days

last 30 days

100%

100%

99%

UPTIME HISTORY

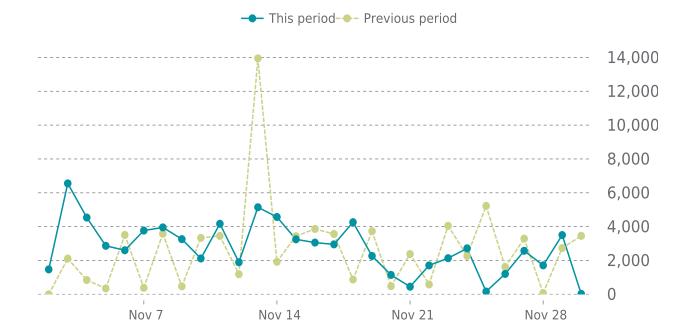
Event	Date	Reason	Duration
UP	11/18/2025	-	12d 9h
DOWN	11/18/2025	Internal Server Error	1h 20m
UP	11/18/2025	-	18m 30s
DOWN	11/18/2025	Internal Server Error	6m 53s
UP	11/18/2025	-	35m 11s
DOWN	11/18/2025	Internal Server Error	5m 47s





Traffic up by: **4.3%** 11/01/2025 to 11/30/2025

SESSIONS







Total security checks: 33

11/01/2025 to 11/30/2025

MOST RECENT SCAN

11/30/2025

Status: Clean

Malware: Clean Web Trust: Clean Vulnerabilities: 0

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
11/30/2025 2:48	Clean	Clean	Clean
11/29/2025 5:27	Clean	Clean	Clean
11/29/2025 5:26	Clean	Clean	Clean
11/28/2025 3:28	Clean	Clean	Clean
11/27/2025 1:39	Clean	Clean	Clean
11/26/2025 2:52	Clean	Clean	Clean
11/25/2025 7:43	Clean	Clean	Clean
11/24/2025 1:53	Clean	Clean	Clean
11/23/2025 5:27	Clean	Clean	Clean

SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
11/22/2025 6:38	Clean	Clean	Clean
11/21/2025 0:45	Clean	Clean	Clean
11/20/2025 3:14	Clean	Clean	Clean
11/19/2025 3:24	Clean	Clean	Clean
11/19/2025 3:23	Clean	Clean	Clean
11/18/2025 1:44	Clean	Clean	Clean
11/17/2025 1:23	Clean	Clean	Clean
11/16/2025 3:19	Clean	Clean	Clean
11/15/2025 6:05	Clean	Clean	Clean
11/14/2025 0:26	Clean	Clean	Clean
11/13/2025 5:27	Clean	Clean	Clean
11/12/2025 13:16	Clean	Clean	Clean
11/12/2025 12:27	Clean	Clean	Clean
11/11/2025 1:15	Clean	Clean	Clean
11/10/2025 2:51	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
11/09/2025 3:51	Clean	Clean	Clean
11/08/2025 1:42	Clean	Clean	Clean
11/07/2025 6:46	Clean	Clean	Clean
11/06/2025 5:52	Clean	Clean	Clean
11/05/2025 1:25	Clean	Clean	Clean
11/04/2025 6:43	Clean	Clean	Clean
11/03/2025 2:29	Clean	Clean	Clean
11/02/2025 3:59	Clean	Clean	Clean
11/01/2025 0:03	Clean	Clean	Clean

OPERFORMANCE



Total performance checks: 28

11/01/2025 to 11/30/2025

MOST RECENT SCAN

11/30/2025

PageSpeed Grade



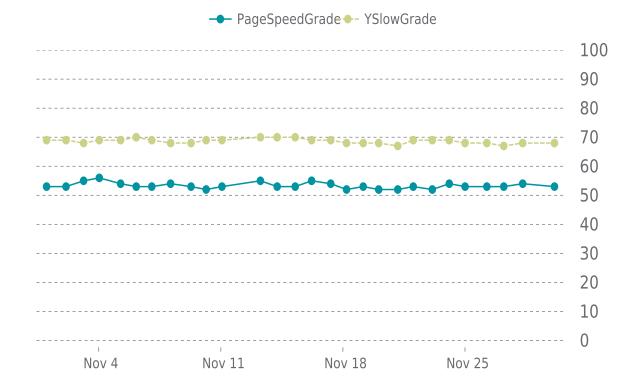
Previous check: 54%

YSlow Grade



Previous check: 68%

PERFORMANCE OVERVIEW



PERFORMANCE HISTORY (1/2)

Date	Load time	PageSpeed	YSlow
11/30/2025 03:05	2.01 s	E (53%)	D (68%)
11/28/2025 07:23	2.04 s	E (54%)	D (68%)
11/27/2025 05:21	2.38 s	E (53%)	D (67%)
11/26/2025 06:05	1.87 s	E (53%)	D (68%)
11/25/2025 00:06	1.98 s	E (53%)	D (68%)
11/24/2025 02:19	1.94 s	E (54%)	D (69%)
11/23/2025 03:01	2.19 s	E (52%)	D (69%)
11/22/2025 00:48	1.76 s	E (53%)	D (69%)
11/21/2025 03:31	5.21 s	E (52%)	D (67%)
11/20/2025 01:14	2.36 s	E (52%)	D (68%)
11/19/2025 03:57	2.04 s	E (53%)	D (68%)
11/18/2025 05:00	2.29 s	E (52%)	D (68%)
11/17/2025 07:15	2.02 s	E (54%)	D (69%)
11/16/2025 04:56	1.80 s	E (55%)	D (69%)
11/15/2025 06:24	1.83 s	E (53%)	C (70%)

PERFORMANCE HISTORY (2/2)

Date	Load time	PageSpeed	YSlow
11/14/2025 05:34	1.80 s	E (53%)	C (70%)
11/13/2025 06:30	1.80 s	E (55%)	C (70%)
11/11/2025 01:37	1.69 s	E (53%)	D (69%)
11/10/2025 03:51	1.61 s	E (52%)	D (69%)
11/09/2025 07:05	2.03 s	E (53%)	D (68%)
11/08/2025 02:55	1.92 s	E (54%)	D (68%)
11/07/2025 01:03	1.73 s	E (53%)	D (69%)
11/06/2025 03:38	1.71 s	E (53%)	C (70%)
11/05/2025 06:08	1.64 s	E (54%)	D (69%)
11/04/2025 00:50	1.56 s	E (56%)	D (69%)
11/03/2025 03:15	1.81 s	E (55%)	D (68%)
11/02/2025 03:04	1.86 s	E (53%)	D (69%)
11/01/2025 00:18	1.89 s	E (53%)	D (69%)

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team