

i'm a
BREAD
project

09/01/2025 - 09/30/2025

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW



Website: <https://bradfordhealth.com/>
IP Address: 172.66.43.94
WordPress Version: 6.8.3



BACKUPS

Backups created: 90; Latest one on: 10/02/2025 14:10



UPDATES

Updates performed: 13



UPTIME

Overall uptime: 100.000%



ANALYTICS

28.3% average increase in sessions in the previous period



SECURITY

Your website is safe



PERFORMANCE

PageSpeed score: 54; YSlow score: 71



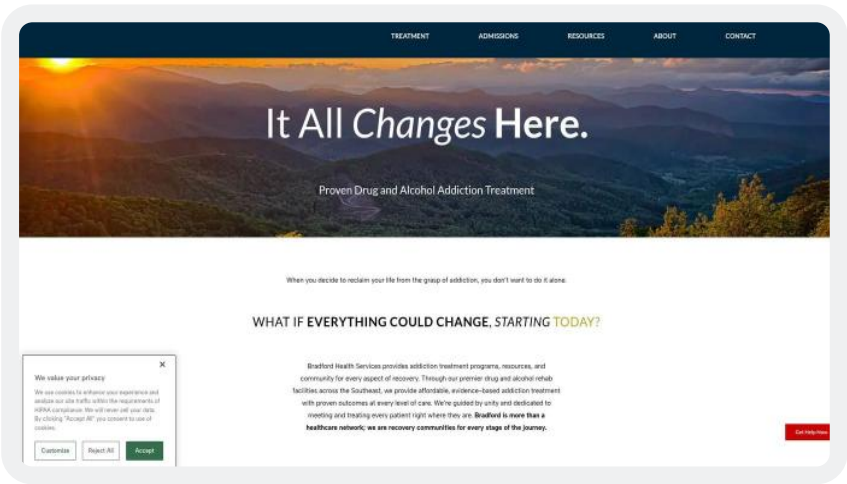
BACKUPS



Backups created: **30**
09/01/2025 to 09/30/2025

Total backups available: **90**

LATEST BACKUPS



Backup size
2607.64MB



WordPress version
6.8.3



Active Theme
Creative Bread Studio



Active Plugins
31



Published posts
244



Approved comments
0



UPDATES



Total updates performed: **13**
09/01/2025 to 09/30/2025

OVERVIEW

Plugin updates
13

UPDATES HISTORY (1/2)

Plugin name	Plugin version			Date
WPForms	1.9.7.3	➔	1.9.8	09/25/2025
Yoast SEO Premium	25.8	➔	26.0	09/25/2025
WP-Optimize - Clean, Compress, Cache	4.2.4	➔	4.3.0	09/25/2025
Yoast SEO	25.9	➔	26.0	09/25/2025
WordPress Importer	0.9.0	➔	0.9.2	09/25/2025
Post Types Order	2.3.7	➔	2.4	09/25/2025
PublishPress Capabilities	2.20.0	➔	2.21.0	09/25/2025

UPDATES HISTORY (2/2)

Plugin name	Plugin version			Date
Yoast SEO	25.8	➔	25.9	09/19/2025
Yoast SEO Premium	25.7	➔	25.8	09/08/2025
WP Mail SMTP	4.5.0	➔	4.6.0	09/08/2025
Yoast SEO	25.7	➔	25.8	09/08/2025
WordPress Importer	0.8.4	➔	0.9.0	09/08/2025
Simple Custom CSS and JS	3.50	➔	3.51	09/08/2025

 UPTIME



Up for: **30d 9h**
Overall Uptime: **100.000%**

OVERVIEW

last 24 hours	last 7 days	last 30 days
100%	100%	100%

UPTIME HISTORY

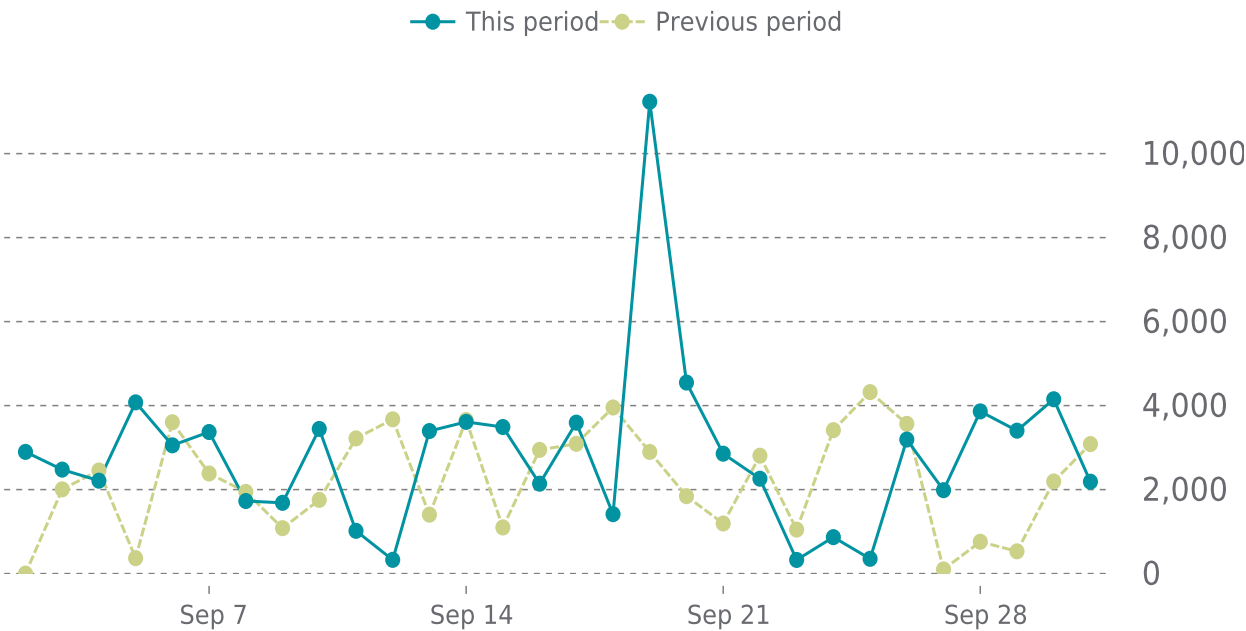
Event	Date	Reason	Duration
UP	08/31/2025	The response could not be received within 30 seconds	30d 9h

 **ANALYTICS**



Traffic up by: **28.3%**
09/01/2025 to 09/30/2025

SESSIONS





SECURITY



Total security checks: **37**
09/01/2025 to 09/30/2025

MOST RECENT SCAN
09/30/2025

Status: Clean

Malware: Clean

Web Trust: Clean

Vulnerabilities: 0

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
09/30/2025 6:53	Clean	Clean	Clean
09/29/2025 0:36	Clean	Clean	Clean
09/28/2025 2:41	Clean	Clean	Clean
09/27/2025 1:11	Clean	Clean	Clean
09/27/2025 1:11	Clean	Clean	Clean
09/26/2025 4:09	Clean	Clean	Clean
09/25/2025 0:03	Clean	Clean	Clean
09/25/2025 0:02	Clean	Clean	Clean
09/24/2025 3:35	Clean	Clean	Clean

SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
09/23/2025 1:07	Clean	Clean	Clean
09/23/2025 1:06	Clean	Clean	Clean
09/22/2025 0:18	Clean	Clean	Clean
09/22/2025 0:18	Clean	Clean	Clean
09/21/2025 4:02	Clean	Clean	Clean
09/20/2025 3:03	Clean	Clean	Clean
09/19/2025 5:02	Clean	Clean	Clean
09/18/2025 7:32	Clean	Clean	Clean
09/18/2025 7:31	Clean	Clean	Clean
09/17/2025 1:38	Clean	Clean	Clean
09/17/2025 1:37	Clean	Clean	Clean
09/16/2025 4:28	Clean	Clean	Clean
09/15/2025 5:28	Clean	Clean	Clean
09/15/2025 5:28	Clean	Clean	Clean
09/14/2025 7:15	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
09/13/2025 1:07	Clean	Clean	Clean
09/12/2025 2:09	Clean	Clean	Clean
09/11/2025 1:03	Clean	Clean	Clean
09/10/2025 5:00	Clean	Clean	Clean
09/09/2025 6:37	Clean	Clean	Clean
09/08/2025 2:16	Clean	Clean	Clean
09/07/2025 7:45	Clean	Clean	Clean
09/06/2025 6:52	Clean	Clean	Clean
09/05/2025 0:38	Clean	Clean	Clean
09/04/2025 2:24	Clean	Clean	Clean
09/03/2025 3:54	Clean	Clean	Clean
09/02/2025 2:13	Clean	Clean	Clean
09/01/2025 6:06	Clean	Clean	Clean

✓ PERFORMANCE



Total performance checks: **30**

09/01/2025 to 09/30/2025

MOST RECENT SCAN

09/30/2025

PageSpeed Grade



E (54%)

Previous check: 56%

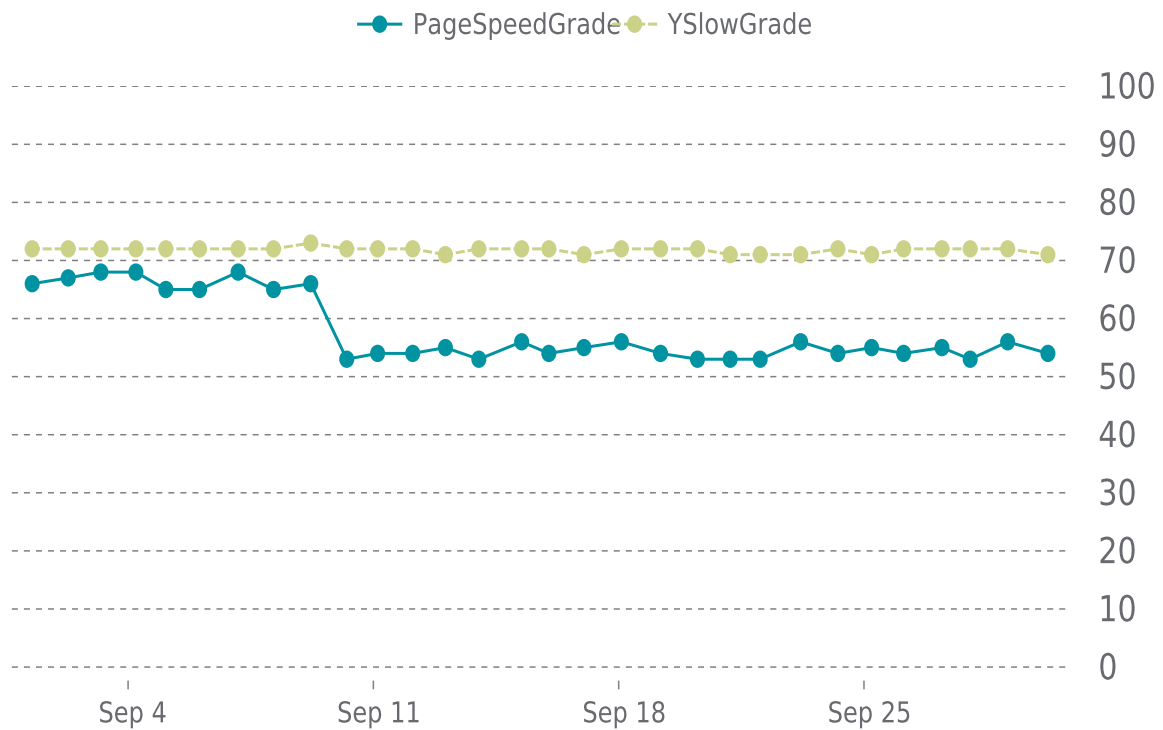
YSlow Grade



C (71%)

Previous check: 72%

PERFORMANCE OVERVIEW



PERFORMANCE HISTORY (1/2)

Date	Load time	PageSpeed	YSlow
09/30/2025 05:59	2.04 s	E (54%)	C (71%)
09/29/2025 02:24	1.81 s	E (56%)	C (72%)
09/28/2025 00:45	1.85 s	E (53%)	C (72%)
09/27/2025 05:24	1.59 s	E (55%)	C (72%)
09/26/2025 03:10	1.69 s	E (54%)	C (72%)
09/25/2025 05:14	2.07 s	E (55%)	C (71%)
09/24/2025 06:07	1.68 s	E (54%)	C (72%)
09/23/2025 04:37	2.00 s	E (56%)	C (71%)
09/22/2025 00:55	2.30 s	E (53%)	C (71%)
09/21/2025 04:22	1.92 s	E (53%)	C (71%)
09/20/2025 05:58	1.68 s	E (53%)	C (72%)
09/19/2025 04:40	2.34 s	E (54%)	C (72%)
09/18/2025 01:51	1.97 s	E (56%)	C (72%)
09/17/2025 00:14	1.96 s	E (55%)	C (71%)
09/16/2025 00:10	1.71 s	E (54%)	C (72%)

PERFORMANCE HISTORY (2/2)

Date	Load time	PageSpeed	YSlow
09/15/2025 05:32	2.09 s	E (56%)	C (72%)
09/14/2025 00:14	1.77 s	E (53%)	C (72%)
09/13/2025 01:19	4.14 s	E (55%)	C (71%)
09/12/2025 02:57	1.77 s	E (54%)	C (72%)
09/11/2025 02:54	1.87 s	E (54%)	C (72%)
09/10/2025 05:45	2.24 s	E (53%)	C (72%)
09/09/2025 05:06	1.67 s	D (66%)	C (73%)
09/08/2025 03:38	2.22 s	D (65%)	C (72%)
09/07/2025 03:21	1.90 s	D (68%)	C (72%)
09/06/2025 00:56	1.72 s	D (65%)	C (72%)
09/05/2025 01:52	1.68 s	D (65%)	C (72%)
09/04/2025 05:20	2.40 s	D (68%)	C (72%)
09/03/2025 05:20	2.30 s	D (68%)	C (72%)
09/02/2025 07:00	3.18 s	D (67%)	C (72%)
09/01/2025 06:18	1.78 s	D (66%)	C (72%)

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team