# i'm a BREAD project

07/01/2025 - 07/31/2025

**Monthly Maintenance Report** 

# **BREAD**

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

# **OVERVIEW**



Website: https://cavalierhealthcare.com/ IP Address: 141.193.213.11 WordPress Version: 6.8.2

## **BACKUPS**

Backups created: 91; Latest one on: 08/30/2025 8:28

V

## **UPDATES**

Updates performed: 1

#### **UPTIME**

Overall uptime: 100.000%

**V** 

#### **ANALYTICS**

9.5% average decrease in sessions in the previous period

V

## **SECURITY**

Your website is safe

## **PERFORMANCE**

PageSpeed score: 93; YSlow score: 80





Backups created: **32** 07/01/2025 to 07/31/2025

Total backups available: 91

## LATEST BACKUPS





264.27MB



Backup size WordPress version 6.8.2



Active Theme Creative Bread Studio



Active Plugins







Total updates performed: **1** 07/01/2025 to 07/31/2025

## **OVERVIEW**

WordPress updates

1

## **UPDATES HISTORY**

WordPress	WordPress version		Date	
-	6.8.1	<b>&gt;</b>	6.8.2	07/17/2025





Up for: **331d 1h** 

Overall Uptime: 100.000%

## **OVERVIEW**

last 24 hours

last 7 days

last 30 days

100%

100%

100%

## **UPTIME HISTORY**

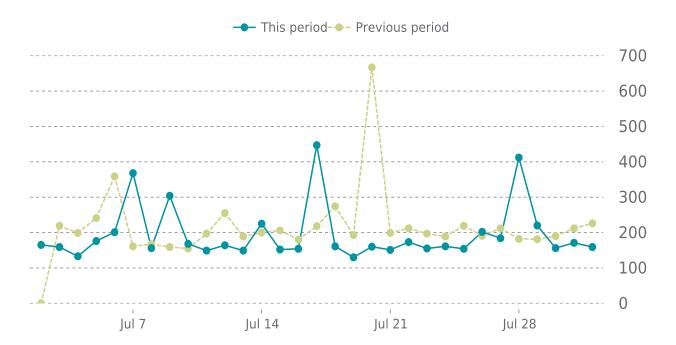
Event	Date	Reason	Duration
UP	09/03/2024	-	331d 1h

# **ANALYTICS**



Traffic down by: **9.5%** 07/01/2025 to 07/31/2025

## **SESSIONS**







Total security checks: **38** 07/01/2025 to 07/31/2025

## MOST RECENT SCAN

07/31/2025

Status: Clean

Malware: Clean Web Trust: Clean Vulnerabilities: 0

## SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
07/31/2025 4:15	Clean	Clean	Clean
07/31/2025 4:15	Clean	Clean	Clean
07/30/2025 1:39	Clean	Clean	Clean
07/30/2025 1:39	Clean	Clean	Clean
07/29/2025 6:46	Clean	Clean	Clean
07/28/2025 3:45	Clean	Clean	Clean
07/27/2025 4:51	Clean	Clean	Clean
07/26/2025 1:05	Clean	Clean	Clean
07/25/2025 6:04	Clean	Clean	Clean

# SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
07/24/2025 4:24	Clean	Clean	Clean
07/23/2025 6:33	Clean	Clean	Clean
07/22/2025 7:40	Clean	Clean	Clean
07/21/2025 4:00	Clean	Clean	Clean
07/21/2025 4:00	Clean	Clean	Clean
07/20/2025 5:03	Clean	Clean	Clean
07/19/2025 1:01	Clean	Clean	Clean
07/18/2025 6:35	Clean	Clean	Clean
07/17/2025 3:26	Clean	Clean	Clean
07/17/2025 3:25	Clean	Clean	Clean
07/16/2025 4:34	Clean	Clean	Clean
07/15/2025 4:19	Clean	Clean	Clean
07/14/2025 3:51	Clean	Clean	Clean
07/13/2025 7:37	Clean	Clean	Clean
07/12/2025 3:40	Clean	Clean	Clean

# SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
07/11/2025 0:37	Clean	Clean	Clean
07/10/2025 7:32	Clean	Clean	Clean
07/09/2025 5:17	Clean	Clean	Clean
07/09/2025 5:16	Clean	Clean	Clean
07/08/2025 5:23	Clean	Clean	Clean
07/08/2025 5:22	Clean	Clean	Clean
07/07/2025 0:51	Clean	Clean	Clean
07/06/2025 5:41	Clean	Clean	Clean
07/05/2025 0:40	Clean	Clean	Clean
07/04/2025 2:48	Clean	Clean	Clean
07/03/2025 3:07	Clean	Clean	Clean
07/02/2025 0:54	Clean	Clean	Clean
07/02/2025 0:52	Clean	Clean	Clean
07/01/2025 3:24	Clean	Clean	Clean



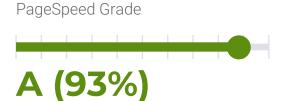


Total performance checks: 33

07/01/2025 to 07/31/2025

## MOST RECENT SCAN

07/31/2025



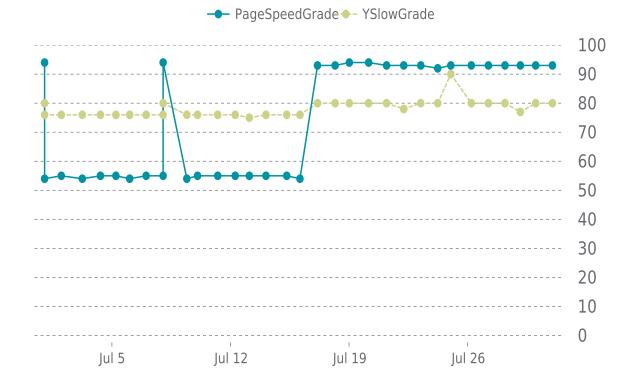
Previous check: 93%

YSlow Grade



Previous check: 80%

#### PERFORMANCE OVERVIEW



# PERFORMANCE HISTORY (1/3)

Date	Load time	PageSpeed	YSlow
07/31/2025 00:12	0.90 s	A (93%)	B (80%)
07/30/2025 00:24	0.97 s	A (93%)	B (80%)
07/29/2025 02:46	1.36 s	A (93%)	C (77%)
07/28/2025 04:57	0.93 s	A (93%)	B (80%)
07/27/2025 05:29	1.08 s	A (93%)	B (80%)
07/26/2025 05:13	0.91 s	A (93%)	B (80%)
07/25/2025 00:10	0.62 s	A (93%)	A (90%)
07/24/2025 05:40	0.86 s	A (92%)	B (80%)
07/23/2025 05:37	0.98 s	A (93%)	B (80%)
07/22/2025 05:29	1.33 s	A (93%)	C (78%)
07/21/2025 05:10	1.29 s	A (93%)	B (80%)
07/20/2025 03:48	0.87 s	A (94%)	B (80%)
07/19/2025 00:25	0.90 s	A (94%)	B (80%)
07/18/2025 04:16	0.88 s	A (93%)	B (80%)
07/17/2025 03:18	1.11 s	A (93%)	B (80%)

# PERFORMANCE HISTORY (2/3)

Date	Load time	PageSpeed	YSlow
07/16/2025 02:26	0.93 s	E (54%)	C (76%)
07/15/2025 07:42	1.02 s	E (55%)	C (76%)
07/14/2025 02:16	1.08 s	E (55%)	C (76%)
07/13/2025 02:44	0.96 s	E (55%)	C (75%)
07/12/2025 06:43	1.09 s	E (55%)	C (76%)
07/11/2025 05:57	1.01 s	E (55%)	C (76%)
07/10/2025 01:21	0.87 s	E (55%)	C (76%)
07/09/2025 10:08	0.91 s	E (54%)	C (76%)
07/08/2025 00:35	0.86 s	A (94%)	B (80%)
07/08/2025 00:32	1.06 s	E (55%)	C (76%)
07/07/2025 00:31	0.94 s	E (55%)	C (76%)
07/06/2025 01:12	0.90 s	E (54%)	C (76%)
07/05/2025 05:39	1.03 s	E (55%)	C (76%)
07/04/2025 07:44	0.87 s	E (55%)	C (76%)
07/03/2025 06:02	1.53 s	E (54%)	C (76%)

Cavalier Health Care 07/01/2025 - 07/31/2025

## PERFORMANCE HISTORY (3/3)

Date	Load time	PageSpeed	YSlow
07/02/2025 00:19	0.92 s	E (55%)	C (76%)
07/01/2025 00:40	0.82 s	E (54%)	C (76%)
07/01/2025 00:37	5.69 s	A (94%)	B (80%)

# **BREAD**

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team