# i'm a BREAD project

07/01/2025 - 07/31/2025

**Monthly Maintenance Report** 

# **BREAD**

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

# **OVERVIEW**



Website: https://bradfordhealth.com/ IP Address: 172.66.43.94 WordPress Version: 6.8.2



#### **BACKUPS**

Backups created: 90; Latest one on: 08/30/2025 14:09



#### **UPDATES**

Updates performed: 6



#### **UPTIME**

Overall uptime: 100.000%



#### **ANALYTICS**

14.3% average increase in sessions in the previous period



#### **SECURITY**

Your website is safe



#### **PERFORMANCE**

PageSpeed score: 66; YSlow score: 70





Backups created: 31 07/01/2025 to 07/31/2025

Total backups available: 90

#### LATEST BACKUPS





Backup size 2543.63MB



WordPress version 6.8.2



Active Theme Creative Bread Studio



Active Plugins



Published posts 243



Approved comments





Total updates performed: **6** 07/01/2025 to 07/31/2025

#### **OVERVIEW**

Plugin updates

WordPress updates

5

1

#### **UPDATES HISTORY**

| Plugin name                             | Plu     | gin ver     | sion    | Date       |
|---|---------|-------------|---------|------------|
| WPForms                                 | 1.9.6.1 | <b>&gt;</b> | 1.9.6.2 | 07/22/2025 |
| WP-Optimize - Clean,<br>Compress, Cache | 4.2.2   | <b>&gt;</b> | 4.2.3   | 07/22/2025 |
| Yoast SEO                               | 25.3.1  | <b>&gt;</b> | 25.5    | 07/22/2025 |
| VWO                                     | 4.7     | <b>&gt;</b> | 4.8     | 07/22/2025 |
| All-in-One WP Migration and<br>Backup   | 7.96    | <b>&gt;</b> | 7.97    | 07/22/2025 |

Bradford Health Services 07/01/2025 - 07/31/2025

#### **UPDATES HISTORY**

| WordPress | WordPress version |             | ersion | Date       |
|-----------|-------------------|-------------|--------|------------|
| -         | 6.8.1             | <b>&gt;</b> | 6.8.2  | 07/17/2025 |





Up for: **37d 19h** 

Overall Uptime: 100.000%

#### **OVERVIEW**

last 24 hours

last 7 days

last 30 days

100%

100%

100%

#### **UPTIME HISTORY**

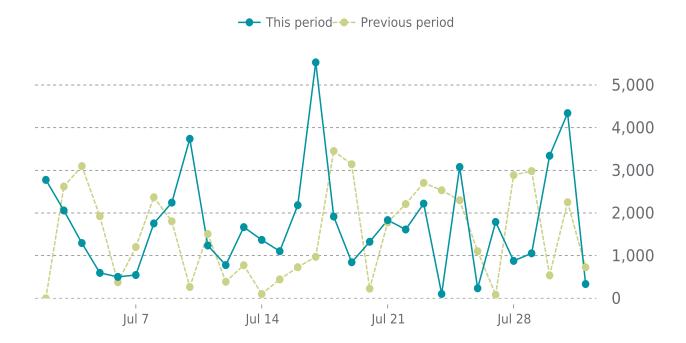
| Event | Date       | Reason   | Duration |
|-------|------------|--|----------|
| UP    | 06/24/2025 | The response could not be received within 30 seconds | 37d 19h  |





Traffic up by: **14.3%** 07/01/2025 to 07/31/2025

#### **SESSIONS**







Total security checks: **39** 07/01/2025 to 07/31/2025

#### MOST RECENT SCAN

07/31/2025

Status: Clean

Malware: Clean Web Trust: Clean Vulnerabilities: 0

### SECURITY SCAN HISTORY (1/3)

| Date            | Malware | Vulnerabilities | Web Trust |
|-----------------|---------|-----------------|-----------|
| 07/31/2025 5:31 | Clean   | Clean           | Clean     |
| 07/30/2025 0:22 | Clean   | Clean           | Clean     |
| 07/29/2025 6:26 | Clean   | Clean           | Clean     |
| 07/28/2025 3:44 | Clean   | Clean           | Clean     |
| 07/27/2025 7:36 | Clean   | Clean           | Clean     |
| 07/26/2025 6:30 | Clean   | Clean           | Clean     |
| 07/25/2025 7:05 | Clean   | Clean           | Clean     |
| 07/24/2025 3:26 | Clean   | Clean           | Clean     |
| 07/23/2025 5:21 | Clean   | Clean           | Clean     |

# SECURITY SCAN HISTORY (2/3)

| Date            | Malware | Vulnerabilities | Web Trust |
|-----------------|---------|-----------------|-----------|
| 07/22/2025 2:33 | Clean   | Clean           | Clean     |
| 07/21/2025 3:12 | Clean   | Clean           | Clean     |
| 07/21/2025 3:12 | Clean   | Clean           | Clean     |
| 07/20/2025 7:01 | Clean   | Clean           | Clean     |
| 07/20/2025 6:46 | Clean   | Clean           | Clean     |
| 07/19/2025 5:49 | Clean   | Clean           | Clean     |
| 07/18/2025 4:17 | Clean   | Clean           | Clean     |
| 07/18/2025 4:17 | Clean   | Clean           | Clean     |
| 07/17/2025 3:45 | Clean   | Clean           | Clean     |
| 07/16/2025 1:36 | Clean   | Clean           | Clean     |
| 07/16/2025 1:36 | Clean   | Clean           | Clean     |
| 07/15/2025 2:04 | Clean   | Clean           | Clean     |
| 07/15/2025 2:03 | Clean   | Clean           | Clean     |
| 07/14/2025 5:41 | Clean   | Clean           | Clean     |
| 07/13/2025 6:18 | Clean   | Clean           | Clean     |

# SECURITY SCAN HISTORY (3/3)

| Date            | Malware | Vulnerabilities | Web Trust |
|-----------------|---------|-----------------|-----------|
| 07/12/2025 3:54 | Clean   | Clean           | Clean     |
| 07/11/2025 0:46 | Clean   | Clean           | Clean     |
| 07/10/2025 5:30 | Clean   | Clean           | Clean     |
| 07/10/2025 5:30 | Clean   | Clean           | Clean     |
| 07/09/2025 4:42 | Clean   | Clean           | Clean     |
| 07/08/2025 3:10 | Clean   | Clean           | Clean     |
| 07/07/2025 7:41 | Clean   | Clean           | Clean     |
| 07/06/2025 3:56 | Clean   | Clean           | Clean     |
| 07/05/2025 0:06 | Clean   | Clean           | Clean     |
| 07/04/2025 1:55 | Clean   | Clean           | Clean     |
| 07/04/2025 1:53 | Clean   | Clean           | Clean     |
| 07/03/2025 1:02 | Clean   | Clean           | Clean     |
| 07/03/2025 1:02 | Clean   | Clean           | Clean     |
| 07/02/2025 7:55 | Clean   | Clean           | Clean     |
| 07/01/2025 4:44 | Clean   | Clean           | Clean     |



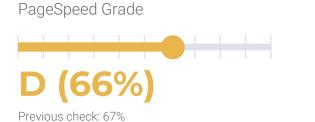


Total performance checks: 33

07/01/2025 to 07/31/2025

#### MOST RECENT SCAN

07/31/2025

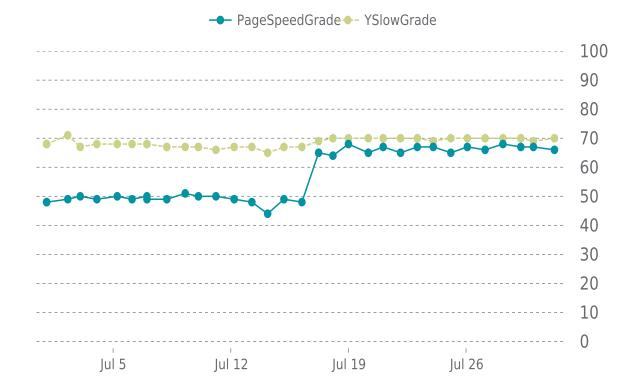


YSlow Grade



Previous check: 69%

#### PERFORMANCE OVERVIEW



# PERFORMANCE HISTORY (1/3)

| Date             | Load time | PageSpeed | YSlow   |
|------------------|-----------|-----------|---------|
| 07/31/2025 06:15 | 3.05 s    | D (66%)   | C (70%) |
| 07/30/2025 00:12 | 2.90 s    | D (67%)   | D (69%) |
| 07/29/2025 06:14 | 2.48 s    | D (67%)   | C (70%) |
| 07/28/2025 04:40 | 1.84 s    | D (68%)   | C (70%) |
| 07/27/2025 03:12 | 3.10 s    | D (66%)   | C (70%) |
| 07/26/2025 01:50 | 2.25 s    | D (67%)   | C (70%) |
| 07/25/2025 02:15 | 2.65 s    | D (65%)   | C (70%) |
| 07/24/2025 01:10 | 3.16 s    | D (67%)   | D (69%) |
| 07/23/2025 02:25 | 2.81 s    | D (67%)   | C (70%) |
| 07/22/2025 02:29 | 2.09 s    | D (65%)   | C (70%) |
| 07/21/2025 01:40 | 2.07 s    | D (67%)   | C (70%) |
| 07/20/2025 04:24 | 1.90 s    | D (65%)   | C (70%) |
| 07/19/2025 00:02 | 1.97 s    | D (68%)   | C (70%) |
| 07/18/2025 01:54 | 2.01 s    | D (64%)   | C (70%) |
| 07/17/2025 05:28 | 2.37 s    | D (65%)   | D (69%) |

# PERFORMANCE HISTORY (2/3)

| Date             | Load time | PageSpeed | YSlow   |
|------------------|-----------|-----------|---------|
| 07/16/2025 05:37 | 2.83 s    | F (48%)   | D (67%) |
| 07/15/2025 03:55 | 1.95 s    | F (49%)   | D (67%) |
| 07/14/2025 04:43 | 2.26 s    | F (44%)   | D (65%) |
| 07/13/2025 06:09 | 2.00 s    | F (48%)   | D (67%) |
| 07/12/2025 04:54 | 2.98 s    | F (49%)   | D (67%) |
| 07/11/2025 02:51 | 1.97 s    | E (50%)   | D (66%) |
| 07/10/2025 01:47 | 1.85 s    | E (50%)   | D (67%) |
| 07/09/2025 06:57 | 2.15 s    | E (51%)   | D (67%) |
| 07/08/2025 04:40 | 2.84 s    | F (49%)   | D (67%) |
| 07/07/2025 00:20 | 2.23 s    | F (49%)   | D (68%) |
| 07/07/2025 00:18 | 2.03 s    | E (50%)   | D (68%) |
| 07/06/2025 03:04 | 2.04 s    | F (49%)   | D (68%) |
| 07/05/2025 05:54 | 2.26 s    | E (50%)   | D (68%) |
| 07/04/2025 00:47 | 1.95 s    | F (49%)   | D (68%) |
| 07/03/2025 01:05 | 2.03 s    | E (50%)   | D (67%) |

## PERFORMANCE HISTORY (3/3)

| Date             | Load time | PageSpeed | YSlow   |
|------------------|-----------|-----------|---------|
| 07/02/2025 07:15 | 1.89 s    | F (49%)   | C (71%) |
| 07/01/2025 01:05 | 2.13 s    | F (48%)   | D (68%) |
| 07/01/2025 01:00 | 1.74 s    | F (48%)   | D (68%) |

# **BREAD**

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team