https://cavalierhealthcare.com/

# i'm a BREAD project

05/01/2025 - 05/31/2025

**Monthly Maintenance Report** 

# BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

## **OVERVIEW**



Website: https://cavalierhealthcare.com/ IP Address: 141.193.213.11 WordPress Version: 6.8.1



#### BACKUPS

Backups created: 90; Latest one on: 06/30/2025 8:28



#### **UPDATES**

Updates performed: 3



#### UPTIME

Overall uptime: 100.000%



#### ANALYTICS

7.5% average decrease in sessions in the previous period



#### SECURITY

Your website is safe



#### PERFORMANCE

PageSpeed score: 78; YSlow score: 79



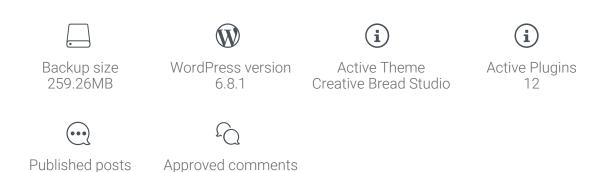


Backups created: **31** 05/01/2025 to 05/31/2025 Total backups available: 90

#### LATEST BACKUPS

Mading Address: PO Best (8950	Hattiesburg, MS 35414 Local Phone: (601) 60	a-8400   800 Line:+1(8(3) 860-616	
At Cavalier Healthcare, Inc., we take pride in providing our ski	lled nursing facilities with the resources, s	apport, and client service they need to care for their patients	rell.
Even through the healthcare industry's challenges and chang			nd
employee satisfaction. Cavalier facilities offer employees,	patients, and their families the personalize	d specialty care they deserve. That is the Cavalier difference.	
To learn more about who we are, what y	we do, and why we are so passionate about	healthcare, please contact our office today.	
Mississippi	Arkansas	Alabama	
Hattiesburg, Mississippi	England, Arkansas	Trussville, Alabama	
Cavalier Healthcare, Inc.	Cavalier Healthcare of Righted, LUC	Cavalier Healthcare of Transville, LLC	
Corporate Office 22 Millbranch Road Ste apo	400 Stattgart Highway England, Arkansas 72046	119 Watterson Plevy Trussville, Alabama 35173	
Hottlesburg, MS 94400	(50) 840-0771	(205)-655-3206	
(601)-602-8400 covalizethealthoure.com	england cavalierhealthcare com	trusville cavalierbeatthcare.com	
Copyright 2024	Cavalier Healthcare, Inc. All Rights reserved. (	Wabuite by BREAD	
Consistent notes	Cavanar Heathcare, Inc. An Right reterring. )	WIDTH DY EXCAD	

1



1

## 



Total updates performed: **3** *05/01/2025 to 05/31/2025* 

#### OVERVIEW

Plugin updates

2

WordPress updates

#### UPDATES HISTORY

Plugin name	Plug	jin vers	sion	Date
WPForms	1.9.5	<b>&gt;</b>	1.9.5.2	05/08/2025
Yoast SEO	24.9	<b>&gt;</b>	25.0	05/08/2025

1

WordPress	WordPress version	Date
-	6.8 🔶 6.8.1	05/05/2025

## 



Up for: 270d 1h Overall Uptime: 100.000%

#### OVERVIEW

last 24 hours



last 30 days

100%

100%

100%

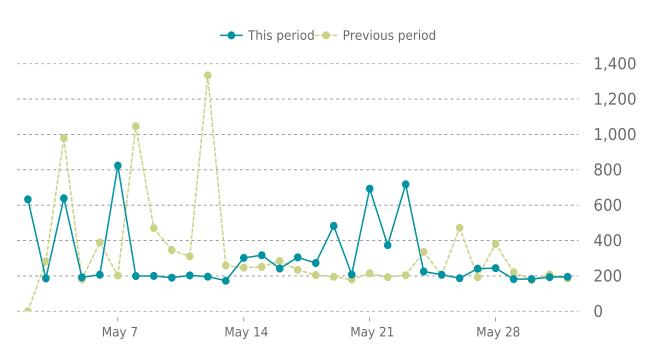
#### **UPTIME HISTORY**

Event	Date	Reason	Duration
UP	09/03/2024	-	270d 1h





Traffic down by: **7.5%** 



#### SESSIONS

# 



Total security checks: **36** 05/01/2025 to 05/31/2025

#### MOST RECENT SCAN

05/31/2025

Status: Clean

Malware:	Clean	Web Trust:	Clean	Vulnerabilities:	0

#### SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
05/31/2025 1:29	Clean	Clean	Clean
05/31/2025 1:29	Clean	Clean	Clean
05/30/2025 2:38	Clean	Clean	Clean
05/29/2025 4:52	Clean	Clean	Clean
05/28/2025 6:24	Clean	Clean	Clean
05/27/2025 5:33	Clean	Clean	Clean
05/26/2025 1:59	Clean	Clean	Clean
05/25/2025 6:53	Clean	Clean	Clean
05/24/2025 5:27	Clean	Clean	Clean

#### SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
05/23/2025 1:35	Clean	Clean	Clean
05/22/2025 5:53	Clean	Clean	Clean
05/21/2025 2:31	Clean	Clean	Clean
05/20/2025 1:42	Clean	Clean	Clean
05/20/2025 1:39	Clean	Clean	Clean
05/19/2025 2:56	Clean	Clean	Clean
05/18/2025 1:01	Clean	Clean	Clean
05/17/2025 6:32	Clean	Clean	Clean
05/16/2025 6:47	Clean	Clean	Clean
05/15/2025 2:31	Clean	Clean	Clean
05/14/2025 0:13	Clean	Clean	Clean
05/14/2025 0:13	Clean	Clean	Clean
05/13/2025 6:24	Clean	Clean	Clean
05/12/2025 1:17	Clean	Clean	Clean
05/11/2025 1:00	Clean	Clean	Clean

#### SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
05/10/2025 5:04	Clean	Clean	Clean
05/10/2025 5:04	Clean	Clean	Clean
05/09/2025 3:47	Clean	Clean	Clean
05/08/2025 3:36	Clean	Clean	Clean
05/07/2025 7:31	Clean	Clean	Clean
05/06/2025 1:35	Clean	Clean	Clean
05/06/2025 1:35	Clean	Clean	Clean
05/05/2025 1:56	Clean	Clean	Clean
05/04/2025 2:56	Clean	Clean	Clean
05/03/2025 2:49	Clean	Clean	Clean
05/02/2025 2:26	Clean	Clean	Clean
05/01/2025 1:27	Clean	Clean	Clean



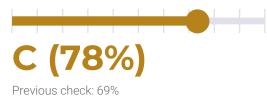


Total performance checks: **31** 05/01/2025 to 05/31/2025

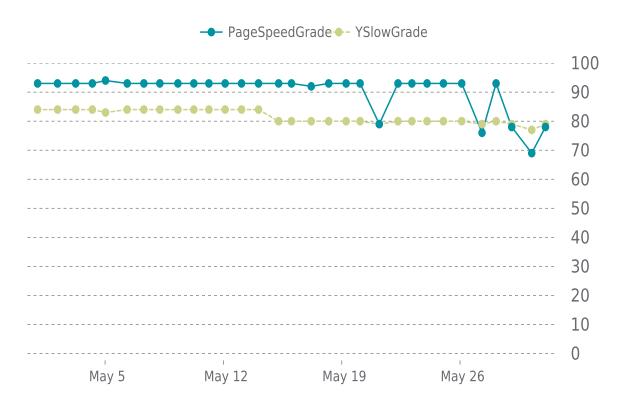
MOST RECENT SCAN

05/31/2025

PageSpeed Grade



PERFORMANCE OVERVIEW



**YSlow Grade** 

Previous check: 77%

(79%)

#### PERFORMANCE HISTORY (1/3)

Date	Load time	PageSpeed	YSlow
05/31/2025 01:15	1.00 s	C (78%)	C (79%)
05/30/2025 05:45	1.08 s	D (69%)	C (77%)
05/29/2025 01:20	0.90 s	C (78%)	C (79%)
05/28/2025 03:09	1.50 s	A (93%)	B (80%)
05/27/2025 07:11	1.01 s	C (76%)	C (79%)
05/26/2025 02:20	0.97 s	A (93%)	B (80%)
05/25/2025 00:23	0.94 s	A (93%)	B (80%)
05/24/2025 01:10	0.88 s	A (93%)	B (80%)
05/23/2025 03:36	1.05 s	A (93%)	B (80%)
05/22/2025 07:51	0.96 s	A (93%)	B (80%)
05/21/2025 05:19	1.05 s	C (79%)	C (79%)
05/20/2025 02:04	1.48 s	A (93%)	B (80%)
05/19/2025 06:14	0.92 s	A (93%)	B (80%)
05/18/2025 05:30	0.92 s	A (93%)	B (80%)
05/17/2025 04:40	0.87 s	A (92%)	B (80%)

#### PERFORMANCE HISTORY (2/3)

Date	Load time	PageSpeed	YSlow
05/16/2025 00:38	1.00 s	A (93%)	B (80%)
05/15/2025 06:24	0.86 s	A (93%)	B (80%)
05/14/2025 01:51	1.30 s	A (93%)	B (84%)
05/13/2025 01:43	1.90 s	A (93%)	B (84%)
05/12/2025 02:25	2.11 s	A (93%)	B (84%)
05/11/2025 03:23	0.90 s	A (93%)	B (84%)
05/10/2025 05:59	0.98 s	A (93%)	B (84%)
05/09/2025 07:24	0.86 s	A (93%)	B (84%)
05/08/2025 05:44	0.86 s	A (93%)	B (84%)
05/07/2025 07:04	0.83 s	A (93%)	B (84%)
05/06/2025 07:25	1.02 s	A (93%)	B (84%)
05/05/2025 00:36	1.19 s	A (94%)	B (83%)
05/04/2025 05:54	1.11 s	A (93%)	B (84%)
05/03/2025 06:15	0.90 s	A (93%)	B (84%)
05/02/2025 04:30	0.98 s	A (93%)	B (84%)

#### PERFORMANCE HISTORY (3/3)

Date	Load time	PageSpeed	YSlow
05/01/2025 00:09	1.15 s	A (93%)	B (84%)

# BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team