i'm a BREAD project

03/01/2025 - 03/31/2025

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW



Website: https://cavalierhealthcare.com/ IP Address: 141.193.213.10 WordPress Version: 6.7.1



BACKUPS

Backups created: 91; Latest one on: 03/31/2025 8:29



UPDATES

Updates performed: 8



UPTIME

Overall uptime: 100.000%



ANALYTICS

38.5% average increase in sessions in the previous period



SECURITY

Your website is safe



PERFORMANCE

PageSpeed score: 94; YSlow score: 83

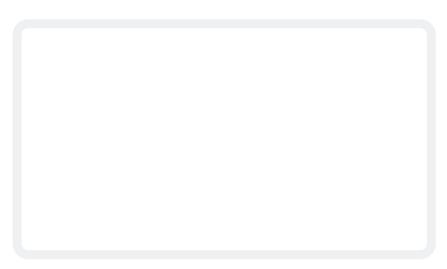




Backups created: **32** 03/01/2025 to 03/31/2025

Total backups available: 91

LATEST BACKUPS





Backup size 250.38MB



WordPress version 6.7.1



Active Theme Creative Bread Studio



Active Plugins 12



Published posts

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Approved comments





Total updates performed: **8** 03/01/2025 to 03/31/2025

OVERVIEW

Plugin updates

Theme updates

7

1

UPDATES HISTORY (1/2)

Plugin name	Plu	gin ver	sion	Date
Yoast SEO	24.6	>	24.7	03/18/2025
WPForms	1.9.3.2	>	1.9.4.2	03/14/2025
Yoast SEO	24.4	>	24.6	03/14/2025
Use Any Font	6.3.11	>	6.3.12	03/14/2025
Redirection	5.5.1	>	5.5.2	03/14/2025
Post Types Order	2.3.3	>	2.3.4	03/14/2025
PublishPress Capabilities	2.18.2	>	2.19.1	03/14/2025

UPDATES HISTORY (2/2)

Theme name	Theme version	Date
Twenty Twenty-Five	1.0 🔷 1.1	03/26/2025





Up for: **208d 18h**

Overall Uptime: 100.000%

OVERVIEW

last 24 hours

last 7 days

last 30 days

100%

100%

100%

UPTIME HISTORY

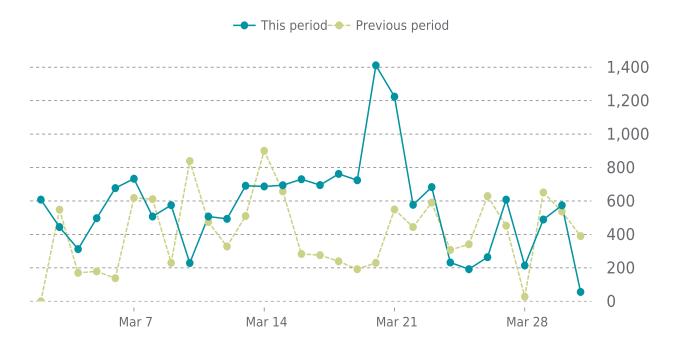
Event	Date	Reason	Duration
UP	09/03/2024	-	208d 18h





Traffic up by: **38.5%** 03/01/2025 to 03/31/2025

SESSIONS







Total security checks: **33**

03/01/2025 to 03/31/2025

MOST RECENT SCAN

03/31/2025

Status: Clean

Malware: Clean Web Trust: Clean Vulnerabilities: 0

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
03/31/2025 3:09	Clean	Clean	Clean
03/30/2025 0:51	Clean	Clean	Clean
03/29/2025 5:38	Clean	Clean	Clean
03/28/2025 4:04	Clean	Clean	Clean
03/27/2025 1:56	Clean	Clean	Clean
03/26/2025 3:13	Clean	Clean	Clean
03/25/2025 3:24	Clean	Clean	Clean
03/24/2025 4:46	Clean	Clean	Clean
03/23/2025 5:00	Clean	Clean	Clean

SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
03/22/2025 1:42	Clean	Clean	Clean
03/21/2025 6:25	Clean	Clean	Clean
03/20/2025 2:39	Clean	Clean	Clean
03/19/2025 3:02	Clean	Clean	Clean
03/18/2025 7:07	Clean	Clean	Clean
03/17/2025 5:09	Clean	Clean	Clean
03/16/2025 6:11	Clean	Clean	Clean
03/15/2025 2:25	Clean	Clean	Clean
03/15/2025 2:25	Clean	Clean	Clean
03/14/2025 0:29	Clean	Clean	Clean
03/13/2025 1:01	Clean	Clean	Clean
03/12/2025 4:50	Clean	Clean	Clean
03/11/2025 5:50	Clean	Clean	Clean
03/11/2025 5:50	Clean	Clean	Clean
03/10/2025 3:24	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
03/09/2025 7:31	Clean	Clean	Clean
03/08/2025 5:38	Clean	Clean	Clean
03/07/2025 0:33	Clean	Clean	Clean
03/06/2025 4:49	Clean	Clean	Clean
03/05/2025 5:52	Clean	Clean	Clean
03/04/2025 2:33	Clean	Clean	Clean
03/03/2025 0:32	Clean	Clean	Clean
03/02/2025 7:40	Clean	Clean	Clean
03/01/2025 3:08	Clean	Clean	Clean



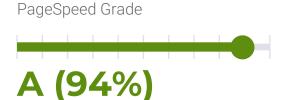


Total performance checks: 31

03/01/2025 to 03/31/2025

MOST RECENT SCAN

03/31/2025



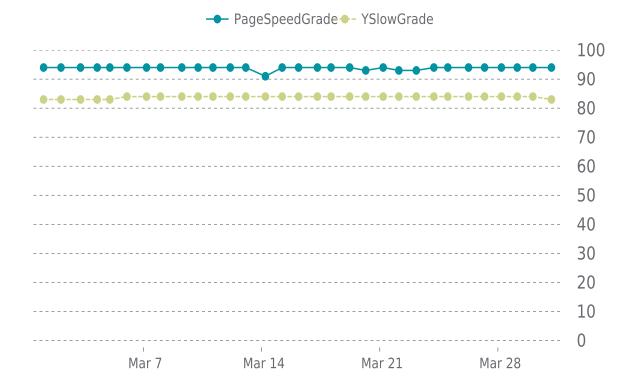
Previous check: 94%

YSlow Grade



Previous check: 84%

PERFORMANCE OVERVIEW



PERFORMANCE HISTORY (1/3)

Date	Load time	PageSpeed	YSlow
03/31/2025 04:14	1.00 s	A (94%)	B (83%)
03/30/2025 01:47	1.08 s	A (94%)	B (84%)
03/29/2025 03:35	0.90 s	A (94%)	B (84%)
03/28/2025 05:06	0.94 s	A (94%)	B (84%)
03/27/2025 05:08	0.83 s	A (94%)	B (84%)
03/26/2025 06:19	0.97 s	A (94%)	B (84%)
03/25/2025 00:52	0.97 s	A (94%)	B (84%)
03/24/2025 05:03	0.87 s	A (94%)	B (84%)
03/23/2025 04:04	1.03 s	A (93%)	B (84%)
03/22/2025 03:14	0.92 s	A (93%)	B (84%)
03/21/2025 04:57	1.07 s	A (94%)	B (84%)
03/20/2025 04:08	0.87 s	A (93%)	B (84%)
03/19/2025 05:20	1.03 s	A (94%)	B (84%)
03/18/2025 02:50	1.36 s	A (94%)	B (84%)
03/17/2025 07:26	1.22 s	A (94%)	B (84%)

PERFORMANCE HISTORY (2/3)

Date	Load time	PageSpeed	YSlow
03/16/2025 04:37	0.80 s	A (94%)	B (84%)
03/15/2025 05:21	0.98 s	A (94%)	B (84%)
03/14/2025 05:30	0.88 s	A (91%)	B (84%)
03/13/2025 01:34	2.18 s	A (94%)	B (84%)
03/12/2025 03:32	1.06 s	A (94%)	B (84%)
03/11/2025 02:53	1.32 s	A (94%)	B (84%)
03/10/2025 05:46	1.27 s	A (94%)	B (84%)
03/09/2025 06:38	1.26 s	A (94%)	B (84%)
03/08/2025 00:18	0.90 s	A (94%)	B (84%)
03/07/2025 04:28	1.42 s	A (94%)	B (84%)
03/06/2025 00:35	1.19 s	A (94%)	B (84%)
03/05/2025 00:19	1.10 s	A (94%)	B (83%)
03/04/2025 06:19	1.13 s	A (94%)	B (83%)
03/03/2025 06:36	1.22 s	A (94%)	B (83%)
03/02/2025 02:50	0.99 s	A (94%)	B (83%)

PERFORMANCE HISTORY (3/3)

Date	Load time	PageSpeed	YSlow
03/01/2025 02:04	1.04 s	A (94%)	B (83%)

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team