i'm a
BREAD
project

02/01/2025 - 02/28/2025

**Monthly Maintenance Report**

# BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

# OVERVIEW

Website: https://bradfordhealth.com/
IP Address: 172.66.40.162
WordPress Version: 6.7.2

## BACKUPS

Backups created: 90; Latest one on: 03/02/2025 13:10

## UPDATES

Updates performed: 9

## UPTIME

Overall uptime: 99.829%

## ANALYTICS

26.9% average increase in sessions in the previous period

## SECURITY

Your website is safe

## PERFORMANCE

PageSpeed score: 73; YSlow score: 73

# ✅ BACKUPS

Backups created: **28**
*02/01/2025 to 02/28/2025*

Total backups available: **90**

## LATEST BACKUPS



Backup size
2432.48MB

WordPress version
6.7.2

Active Theme
Creative Bread Studio

Active Plugins
28

Published posts
240

Approved comments
0

# ✅ UPDATES

Total updates performed: **9**

*02/01/2025 to 02/28/2025*

## OVERVIEW

Plugin updates

**9**

## UPDATES HISTORY (1/2)

| Plugin name | Plugin version | | | Date |
|---|---|---|---|---|
| WPForms Surveys and Polls | 1.14.0 | ➜ | 1.15.0 | 02/26/2025 |
| WPForms | 1.9.3.2 | ➜ | 1.9.4 | 02/26/2025 |
| Yoast SEO | 24.4 | ➜ | 24.5 | 02/26/2025 |
| Use Any Font | 6.3.11 | ➜ | 6.3.12 | 02/26/2025 |
| Redirection | 5.5.1 | ➜ | 5.5.2 | 02/26/2025 |
| PublishPress Capabilities | 2.19.0 | ➜ | 2.19.1 | 02/26/2025 |
| Yoast SEO | 24.3 | ➜ | 24.4 | 02/05/2025 |

# UPDATES HISTORY (2/2)

| Plugin name | Plugin version | | | Date |
|---|---|---|---|---|
| Colorlib Login Customizer | 1.3.2 | ➜ | 1.3.3 | 02/04/2025 |
| Imagify | 2.2.4 | ➜ | 2.2.5 | 02/03/2025 |

# ✅ UPTIME

Up for: **6d 4h**
Overall Uptime: **99.829%**

## OVERVIEW

last 24 hours
**100%**

last 7 days
**99%**

last 30 days
**99%**

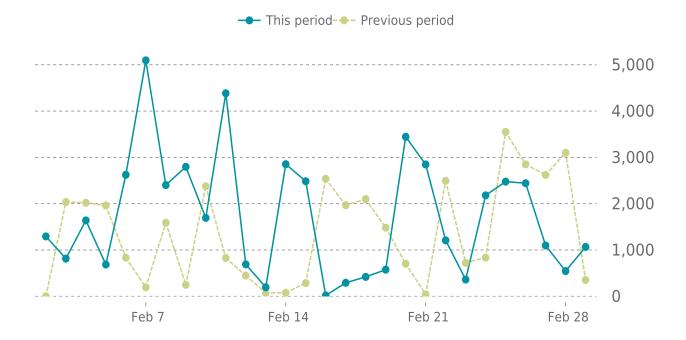## UPTIME HISTORY

| Event | Date | Reason | Duration |
|---|---|---|---|
| UP | 02/22/2025 | The response could not be received within 30 seconds | 6d 4h |
| DOWN | 02/22/2025 | The response could not be received within 30 seconds | 4m 1s |
| UP | 02/15/2025 | The response could not be received within 30 seconds | 7d 10h |
| DOWN | 02/15/2025 | The response could not be received within 30 seconds | 18m 0s |
| UP | 02/15/2025 | The response could not be received within 30 seconds | 29m 29s |
| DOWN | 02/15/2025 | The response could not be received within 30 seconds | 11m 42s |

# ✅ ANALYTICS

Traffic up by: **26.9%**
*02/01/2025 to 02/28/2025*

## SESSIONS

# ✅ SECURITY

Total security checks: **32**

*02/01/2025 to 02/28/2025*

## MOST RECENT SCAN

*02/28/2025*

Status:    Clean

Malware:    Clean         Web Trust:    Clean         Vulnerabilities:    0

## SECURITY SCAN HISTORY (1/3)

| Date | Malware | Vulnerabilities | Web Trust |
|------|---------|-----------------|-----------|
| 02/28/2025 6:04 | Clean | Clean | Clean |
| 02/27/2025 7:19 | Clean | Clean | Clean |
| 02/26/2025 1:17 | Clean | Clean | Clean |
| 02/25/2025 4:42 | Clean | Clean | Clean |
| 02/24/2025 0:50 | Clean | Clean | Clean |
| 02/23/2025 3:23 | Clean | Clean | Clean |
| 02/22/2025 7:11 | Clean | Clean | Clean |
| 02/21/2025 1:33 | Clean | Clean | Clean |
| 02/20/2025 6:47 | Clean | Clean | Clean |

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# SECURITY SCAN HISTORY (2/3)

| Date | Malware | Vulnerabilities | Web Trust |
|---|---|---|---|
| 02/19/2025 0:21 | Clean | Clean | Clean |
| 02/18/2025 6:31 | Clean | Clean | Clean |
| 02/17/2025 4:44 | Clean | Clean | Clean |
| 02/16/2025 2:22 | Clean | Clean | Clean |
| 02/15/2025 5:40 | Clean | Clean | Clean |
| 02/14/2025 0:06 | Clean | Clean | Clean |
| 02/13/2025 3:45 | Clean | Clean | Clean |
| 02/12/2025 0:24 | Clean | Clean | Clean |
| 02/12/2025 0:24 | Clean | Clean | Clean |
| 02/11/2025 0:40 | Clean | Clean | Clean |
| 02/10/2025 5:51 | Clean | Clean | Clean |
| 02/09/2025 1:09 | Clean | Clean | Clean |
| 02/08/2025 6:59 | Clean | Clean | Clean |
| 02/07/2025 5:46 | Clean | Clean | Clean |
| 02/06/2025 1:57 | Clean | Clean | Clean |

# SECURITY SCAN HISTORY (3/3)

| Date | Malware | Vulnerabilities | Web Trust |
|------|---------|-----------------|-----------|
| 02/05/2025 0:45 | Clean | Clean | Clean |
| 02/05/2025 0:41 | Clean | Clean | Clean |
| 02/04/2025 1:39 | Clean | Clean | Clean |
| 02/04/2025 1:38 | Clean | Clean | Clean |
| 02/03/2025 4:46 | Clean | Clean | Clean |
| 02/02/2025 4:20 | Clean | Clean | Clean |
| 02/01/2025 2:18 | Clean | Clean | Clean |
| 02/01/2025 2:17 | Clean | Clean | Clean |

# ✅ PERFORMANCE

Total performance checks: **28**

*02/01/2025 to 02/28/2025*

## MOST RECENT SCAN
*02/28/2025*

PageSpeed Grade

## C (73%)

Previous check: 75%

YSlow Grade

## C (73%)

Previous check: 74%
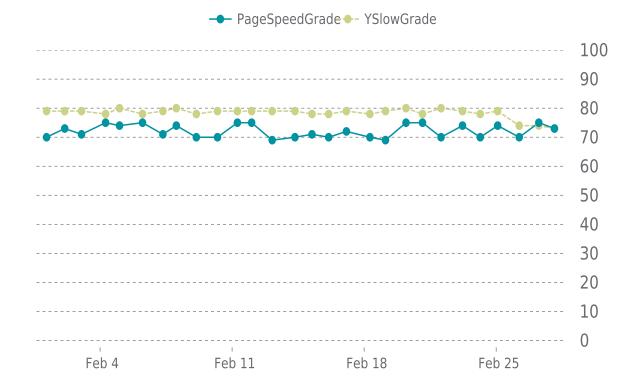
## PERFORMANCE OVERVIEW

# PERFORMANCE HISTORY (1/2)

| Date | Load time | PageSpeed | YSlow |
| --- | --- | --- | --- |
| 02/28/2025 02:07 | 2.14 s | C (73%) | C (73%) |
| 02/27/2025 06:11 | 2.04 s | C (75%) | C (74%) |
| 02/26/2025 05:18 | 1.72 s | C (70%) | C (74%) |
| 02/25/2025 01:52 | 1.72 s | C (74%) | C (79%) |
| 02/24/2025 03:42 | 1.89 s | C (70%) | C (78%) |
| 02/23/2025 05:07 | 1.77 s | C (74%) | C (79%) |
| 02/22/2025 01:48 | 1.65 s | C (70%) | B (80%) |
| 02/21/2025 02:13 | 2.02 s | C (75%) | C (78%) |
| 02/20/2025 05:14 | 1.82 s | C (75%) | B (80%) |
| 02/19/2025 03:08 | 1.87 s | D (69%) | C (79%) |
| 02/18/2025 07:20 | 1.58 s | C (70%) | C (78%) |
| 02/17/2025 01:27 | 2.11 s | C (72%) | C (79%) |
| 02/16/2025 02:52 | 2.12 s | C (70%) | C (78%) |
| 02/15/2025 05:37 | 1.83 s | C (71%) | C (78%) |
| 02/14/2025 07:57 | 1.83 s | C (70%) | C (79%) |

# PERFORMANCE HISTORY (2/2)

| Date | Load time | PageSpeed | YSlow |
|------|-----------|-----------|-------|
| 02/13/2025 02:59 | 1.67 s | D (69%) | C (79%) |
| 02/12/2025 00:51 | 1.99 s | C (75%) | C (79%) |
| 02/11/2025 06:43 | 2.08 s | C (75%) | C (79%) |
| 02/10/2025 05:24 | 1.86 s | C (70%) | C (79%) |
| 02/09/2025 02:28 | 1.89 s | C (70%) | C (78%) |
| 02/08/2025 01:01 | 1.76 s | C (74%) | B (80%) |
| 02/07/2025 07:54 | 1.80 s | C (71%) | C (79%) |
| 02/06/2025 06:00 | 1.85 s | C (75%) | C (78%) |
| 02/05/2025 00:44 | 1.75 s | C (74%) | B (80%) |
| 02/04/2025 06:59 | 1.67 s | C (75%) | C (78%) |
| 02/03/2025 00:21 | 1.73 s | C (71%) | C (79%) |
| 02/02/2025 03:02 | 1.74 s | C (73%) | C (79%) |
| 02/01/2025 03:56 | 1.84 s | C (70%) | C (79%) |

# BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team