

i'm a
BREAD
project

01/01/2025 - 01/31/2025

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW



Website: <https://cavalierhealthcare.com/>
IP Address: 141.193.213.11
WordPress Version: 6.7.1



BACKUPS

Backups created: 90; Latest one on: 02/05/2025 7:29



UPDATES

Updates performed: 7



UPTIME

Overall uptime: 100.000%



ANALYTICS

32.3% average decrease in sessions in the previous period



SECURITY

Your website is safe



PERFORMANCE

PageSpeed score: 94; YSlow score: 80

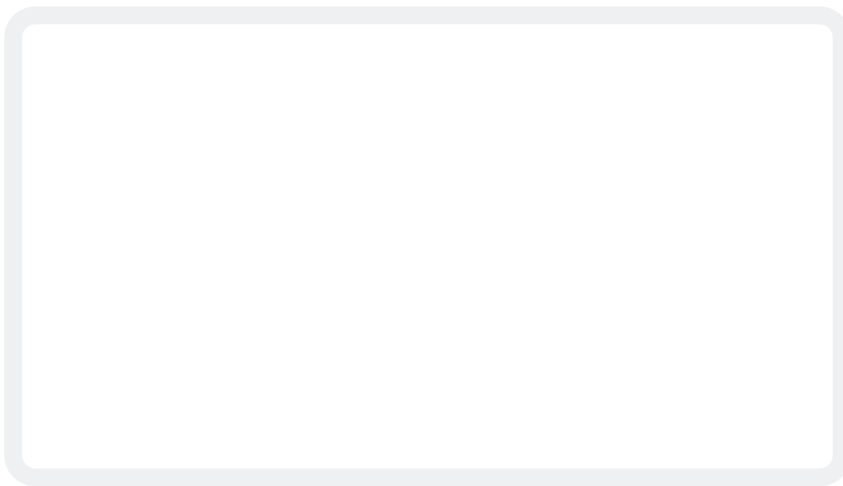
BACKUPS



Backups created: **31**
01/01/2025 to 01/31/2025

Total backups available: **90**

LATEST BACKUPS



Backup size
258.11MB



WordPress version
6.7.1



Active Theme
Creative Bread Studio



Active Plugins
12



Published posts
1



Approved comments
1

UPDATES



Total updates performed: **7**

01/01/2025 to 01/31/2025

OVERVIEW

Plugin updates

7

UPDATES HISTORY

Plugin name	Plugin version		Date
PublishPress Capabilities	2.18.0	→ 2.18.2	01/31/2025
WPForms	1.9.3.1	→ 1.9.3.2	01/29/2025
Yoast SEO	24.2	→ 24.3	01/21/2025
WPForms	1.9.2.3	→ 1.9.3	01/16/2025
Yoast SEO	24.1	→ 24.2	01/16/2025
Use Any Font	6.3.10	→ 6.3.11	01/16/2025
PublishPress Capabilities	2.16.0	→ 2.18.0	01/16/2025

UPTIME



Up for: **150d 2h**
Overall Uptime: **100.000%**

OVERVIEW

last 24 hours
100%

last 7 days
100%

last 30 days
100%

UPTIME HISTORY

Event	Date	Reason	Duration
UP	09/03/2024	-	150d 2h

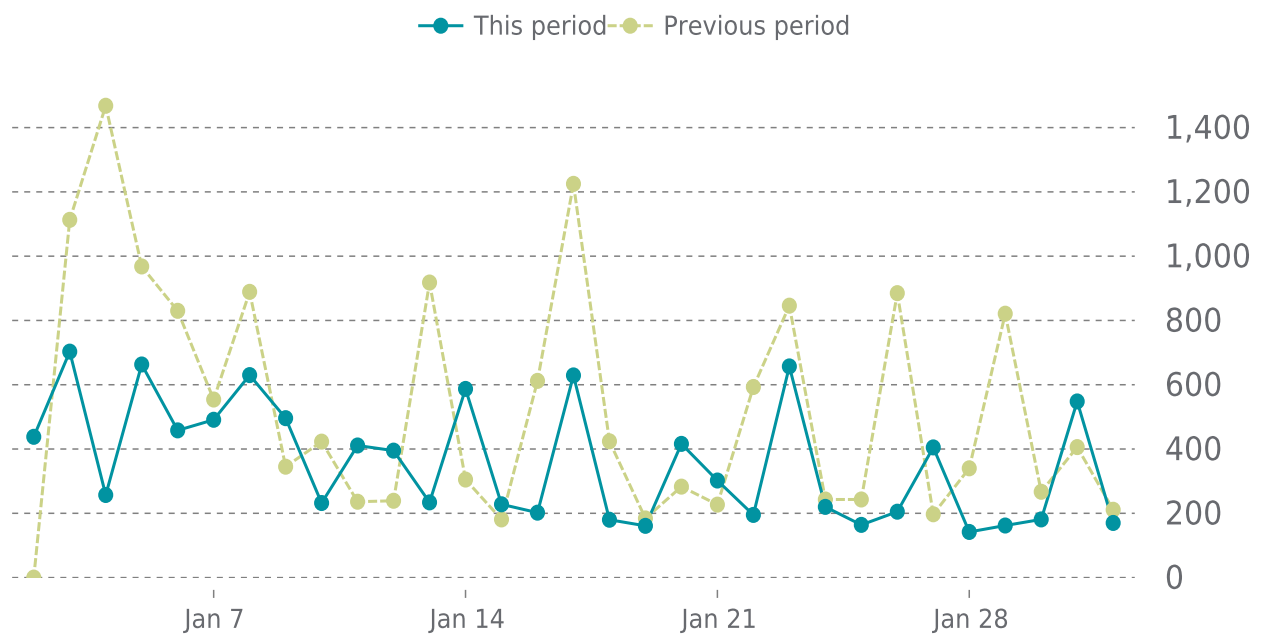
✓ ANALYTICS



Traffic down by: **32.3%**

01/01/2025 to 01/31/2025

SESSIONS



SECURITY



Total security checks: **36**

01/01/2025 to 01/31/2025

MOST RECENT SCAN

01/31/2025

Status: Clean

Malware: Clean

Web Trust: Clean

Vulnerabilities: 0

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
01/31/2025 3:36	Clean	Clean	Clean
01/30/2025 4:20	Clean	Clean	Clean
01/29/2025 6:38	Clean	Clean	Clean
01/28/2025 0:52	Clean	Clean	Clean
01/27/2025 3:19	Clean	Clean	Clean
01/26/2025 1:57	Clean	Clean	Clean
01/25/2025 4:09	Clean	Clean	Clean
01/24/2025 5:48	Clean	Clean	Clean
01/23/2025 1:12	Clean	Clean	Clean

SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
01/22/2025 4:43	Clean	Clean	Clean
01/21/2025 4:40	Clean	Clean	Clean
01/20/2025 1:46	Clean	Clean	Clean
01/19/2025 2:38	Clean	Clean	Clean
01/18/2025 2:49	Clean	Clean	Clean
01/17/2025 1:28	Clean	Clean	Clean
01/16/2025 5:19	Clean	Clean	Clean
01/15/2025 5:08	Clean	Clean	Clean
01/14/2025 1:35	Clean	Clean	Clean
01/13/2025 6:45	Clean	Clean	Clean
01/12/2025 6:25	Clean	Clean	Clean
01/11/2025 1:18	Clean	Clean	Clean
01/10/2025 0:05	Clean	Clean	Clean
01/10/2025 0:02	Clean	Clean	Clean
01/09/2025 13:34	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
01/09/2025 13:28	Clean	Clean	Clean
01/08/2025 4:32	Clean	Clean	Clean
01/08/2025 4:32	Clean	Clean	Clean
01/07/2025 0:49	Clean	Clean	Clean
01/07/2025 0:48	Clean	Clean	Clean
01/06/2025 1:26	Clean	Clean	Clean
01/05/2025 3:47	Clean	Clean	Clean
01/04/2025 7:22	Clean	Clean	Clean
01/03/2025 2:00	Clean	Clean	Clean
01/02/2025 7:48	Clean	Clean	Clean
01/01/2025 2:04	Clean	Clean	Clean
01/01/2025 2:02	Clean	Clean	Clean

✓ PERFORMANCE



Total performance checks: **30**

01/01/2025 to 01/31/2025

MOST RECENT SCAN

01/31/2025

PageSpeed Grade



A (94%)

Previous check: 94%

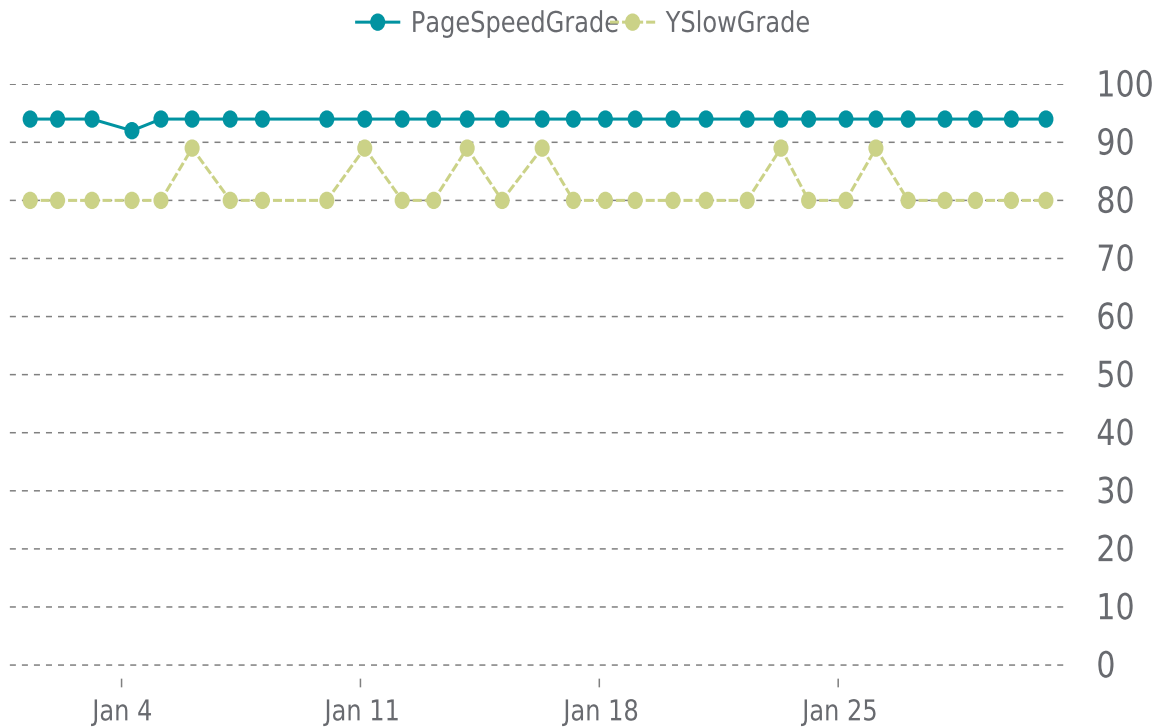
YSlow Grade



B (80%)

Previous check: 80%

PERFORMANCE OVERVIEW



PERFORMANCE HISTORY (1/2)

Date	Load time	PageSpeed	YSlow
01/31/2025 02:06	1.07 s	A (94%)	B (80%)
01/30/2025 01:49	1.09 s	A (94%)	B (80%)
01/29/2025 00:35	1.12 s	A (94%)	B (80%)
01/28/2025 03:05	0.87 s	A (94%)	B (80%)
01/27/2025 01:10	0.99 s	A (94%)	B (80%)
01/26/2025 02:32	0.63 s	A (94%)	B (89%)
01/25/2025 05:28	0.84 s	A (94%)	B (80%)
01/24/2025 03:12	0.93 s	A (94%)	B (80%)
01/23/2025 07:45	0.58 s	A (94%)	B (89%)
01/22/2025 08:00	1.09 s	A (94%)	B (80%)
01/21/2025 03:02	0.83 s	A (94%)	B (80%)
01/20/2025 03:48	1.07 s	A (94%)	B (80%)
01/19/2025 01:13	1.26 s	A (94%)	B (80%)
01/18/2025 04:16	1.02 s	A (94%)	B (80%)
01/17/2025 05:46	0.96 s	A (94%)	B (80%)

PERFORMANCE HISTORY (2/2)

Date	Load time	PageSpeed	YSlow
01/16/2025 07:49	0.58 s	A (94%)	B (89%)
01/15/2025 03:39	1.07 s	A (94%)	B (80%)
01/14/2025 03:04	0.72 s	A (94%)	B (89%)
01/13/2025 03:32	0.83 s	A (94%)	B (80%)
01/12/2025 05:21	1.02 s	A (94%)	B (80%)
01/11/2025 03:02	0.65 s	A (94%)	B (89%)
01/10/2025 00:21	0.89 s	A (94%)	B (80%)
01/08/2025 03:04	1.13 s	A (94%)	B (80%)
01/07/2025 04:24	0.98 s	A (94%)	B (80%)
01/06/2025 01:37	0.70 s	A (94%)	B (89%)
01/05/2025 03:42	0.84 s	A (94%)	B (80%)
01/04/2025 07:17	0.96 s	A (92%)	B (80%)
01/03/2025 03:13	0.85 s	A (94%)	B (80%)
01/02/2025 02:59	0.82 s	A (94%)	B (80%)
01/01/2025 07:43	0.80 s	A (94%)	B (80%)

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team