

i'm a
BREAD
project

01/01/2025 - 01/31/2025

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW



Website: <https://bradfordhealth.com/>
IP Address: 172.66.40.162
WordPress Version: 6.7.1



BACKUPS

Backups created: 90; Latest one on: 02/05/2025 13:10



UPDATES

Updates performed: 8



UPTIME

Overall uptime: 100.000%



ANALYTICS

36.5% average decrease in sessions in the previous period



SECURITY

Your website is safe



PERFORMANCE

PageSpeed score: 74; YSlow score: 80

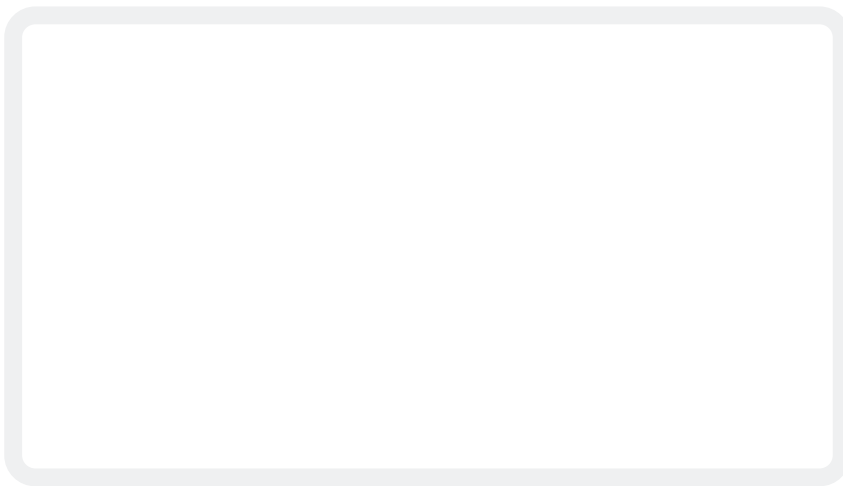
BACKUPS



Backups created: **31**
01/01/2025 to 01/31/2025

Total backups available: **90**

LATEST BACKUPS



Backup size
2433.85MB



WordPress version
6.7.1



Active Theme
Creative Bread Studio



Active Plugins
27



Published posts
240



Approved comments
0

UPDATES



Total updates performed: **8**

01/01/2025 to 01/31/2025

OVERVIEW

Plugin updates

8

UPDATES HISTORY (1/2)

Plugin name	Plugin version		Date
PublishPress Capabilities	2.18.0	→ 2.18.2	01/31/2025
WPForms	1.9.3.1	→ 1.9.3.2	01/29/2025
Yoast SEO	24.2	→ 24.3	01/22/2025
WPForms	1.9.3	→ 1.9.3.1	01/17/2025
WPForms	1.9.2.3	→ 1.9.3	01/16/2025
Yoast SEO	24.1	→ 24.2	01/16/2025
Default featured image	1.7.3	→ 1.8.0	01/16/2025

UPDATES HISTORY (2/2)

Plugin name	Plugin version	Date
PublishPress Capabilities	2.17.0 → 2.18.0	01/16/2025

UPTIME



Up for: **197d 23h**
Overall Uptime: **100.000%**

OVERVIEW

last 24 hours
100%

last 7 days
100%

last 30 days
100%

UPTIME HISTORY

Event	Date	Reason	Duration
UP	07/18/2024	The response could not be received within 30 seconds from the bradfordhealth.com, resulting in incomplete or	197d 23h

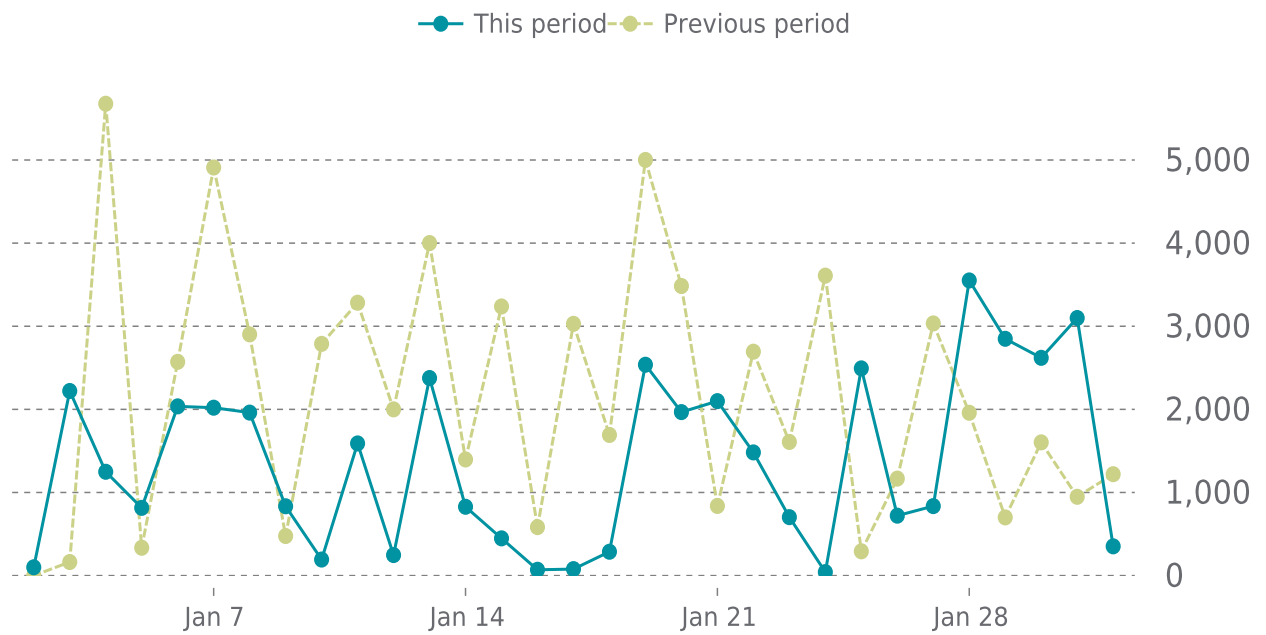
✓ ANALYTICS



Traffic down by: **36.5%**

01/01/2025 to 01/31/2025

SESSIONS



SECURITY



Total security checks: **36**

01/01/2025 to 01/31/2025

MOST RECENT SCAN

01/31/2025

Status: **Clean**

Malware: **Clean**

Web Trust: **Clean**

Vulnerabilities: **0**

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
01/31/2025 1:27	Clean	Clean	Clean
01/30/2025 3:07	Clean	Clean	Clean
01/29/2025 3:19	Clean	Clean	Clean
01/28/2025 2:42	Clean	Clean	Clean
01/27/2025 7:03	Clean	Clean	Clean
01/26/2025 1:29	Clean	Clean	Clean
01/26/2025 1:29	Clean	Clean	Clean
01/25/2025 0:39	Clean	Clean	Clean
01/24/2025 0:14	Clean	Clean	Clean

SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
01/23/2025 1:54	Clean	Clean	Clean
01/22/2025 0:59	Clean	Clean	Clean
01/21/2025 0:11	Clean	Clean	Clean
01/21/2025 0:11	Clean	Clean	Clean
01/20/2025 6:26	Clean	Clean	Clean
01/19/2025 6:46	Clean	Clean	Clean
01/18/2025 3:55	Clean	Clean	Clean
01/17/2025 5:58	Clean	Clean	Clean
01/16/2025 4:55	Clean	Clean	Clean
01/15/2025 0:18	Clean	Clean	Clean
01/15/2025 0:17	Clean	Clean	Clean
01/14/2025 2:45	Clean	Clean	Clean
01/13/2025 5:54	Clean	Clean	Clean
01/12/2025 1:04	Clean	Clean	Clean
01/11/2025 1:07	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
01/10/2025 6:05	Clean	Clean	Clean
01/08/2025 2:50	Clean	Clean	Clean
01/07/2025 5:09	Clean	Clean	Clean
01/07/2025 5:08	Clean	Clean	Clean
01/06/2025 0:49	Clean	Clean	Clean
01/06/2025 0:45	Clean	Clean	Clean
01/05/2025 3:28	Clean	Clean	Clean
01/04/2025 3:42	Clean	Clean	Clean
01/03/2025 3:47	Clean	Clean	Clean
01/02/2025 4:05	Clean	Clean	Clean
01/01/2025 1:42	Clean	Clean	Clean
01/01/2025 1:24	Clean	Clean	Clean

✓ PERFORMANCE



Total performance checks: **33**

01/01/2025 to 01/31/2025

MOST RECENT SCAN

01/31/2025

PageSpeed Grade



C (74%)

Previous check: 71%

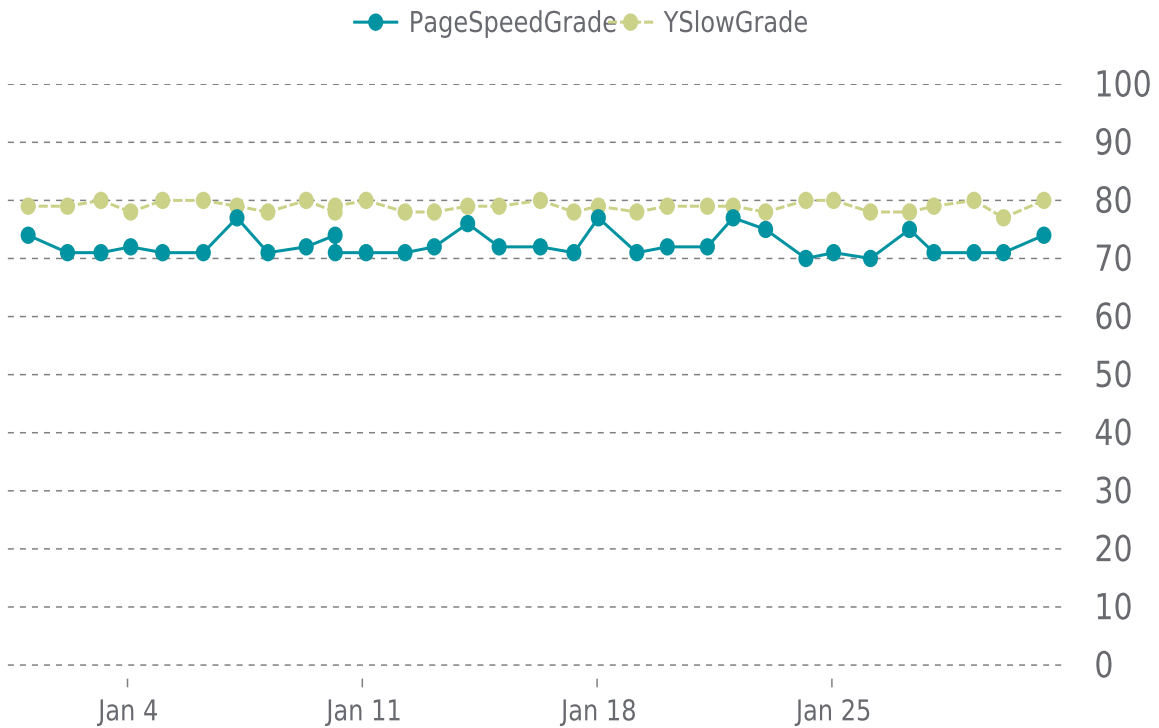
YSlow Grade



B (80%)

Previous check: 77%

PERFORMANCE OVERVIEW



PERFORMANCE HISTORY (1/3)

Date	Load time	PageSpeed	YSlow
01/31/2025 07:42	1.97 s	C (74%)	B (80%)
01/30/2025 02:48	1.96 s	C (71%)	C (77%)
01/29/2025 05:41	1.75 s	C (71%)	B (80%)
01/28/2025 01:01	1.82 s	C (71%)	C (79%)
01/27/2025 07:32	1.74 s	C (75%)	C (78%)
01/26/2025 03:37	1.89 s	C (70%)	C (78%)
01/25/2025 01:14	1.69 s	C (71%)	B (80%)
01/24/2025 05:22	1.86 s	C (70%)	B (80%)
01/23/2025 00:35	1.98 s	C (75%)	C (78%)
01/22/2025 01:20	1.99 s	C (77%)	C (79%)
01/21/2025 06:55	2.21 s	C (72%)	C (79%)
01/20/2025 02:14	2.12 s	C (72%)	C (79%)
01/19/2025 04:24	1.92 s	C (71%)	C (78%)
01/18/2025 00:54	1.83 s	C (77%)	C (79%)
01/17/2025 07:23	2.27 s	C (71%)	C (78%)

PERFORMANCE HISTORY (2/3)

Date	Load time	PageSpeed	YSlow
01/16/2025 07:25	1.72 s	C (72%)	B (80%)
01/15/2025 01:53	1.80 s	C (72%)	C (79%)
01/14/2025 03:24	1.98 s	C (76%)	C (79%)
01/13/2025 03:30	2.21 s	C (72%)	C (78%)
01/12/2025 06:35	1.93 s	C (71%)	C (78%)
01/11/2025 02:42	1.58 s	C (71%)	B (80%)
01/10/2025 04:39	1.65 s	C (71%)	C (79%)
01/10/2025 04:33	1.61 s	C (74%)	C (78%)
01/09/2025 07:52	1.54 s	C (72%)	B (80%)
01/08/2025 04:29	1.61 s	C (71%)	C (78%)
01/08/2025 04:29	1.57 s	C (71%)	C (78%)
01/07/2025 06:20	1.75 s	C (77%)	C (79%)
01/06/2025 06:15	2.12 s	C (71%)	B (80%)
01/05/2025 01:06	1.68 s	C (71%)	B (80%)
01/04/2025 02:17	1.55 s	C (72%)	C (78%)

PERFORMANCE HISTORY (3/3)

Date	Load time	PageSpeed	YSlow
01/03/2025 05:01	1.73 s	C (71%)	B (80%)
01/02/2025 05:04	1.69 s	C (71%)	C (79%)
01/01/2025 00:55	1.88 s	C (74%)	C (79%)

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team