i'm a
BREAD
project

01/01/2023 - 01/31/2023

Monthly Maintenance Report

BREAD

At BREAD, we protect and maintain your website so that you and your business can win. As a business owner, you have too much on your plate to waste time concerned with whether-or-not your site is functioning properly. Time is precious and our maintenance can give you the peace of mind you need to focus on your business.

The following maintenance report contains the data from key categories relevant to website operation and performance. With your current PLUS Package subscription, we provide several services in order to maintain stability within your website performance. Within this report, you'll find simplified information about your website's updates, security, history, performance, and analytics that can help you discern where you are and drive your future growth.

OVERVIEW

Website: https://continuumtherapy.com/
IP Address: 34.105.30.128
WordPress Version: 6.1.1

BACKUPS

Backups created: 90; Latest one on: 02/01/2023 4:04

UPTIME

Overall uptime: 100.000%

ANALYTICS

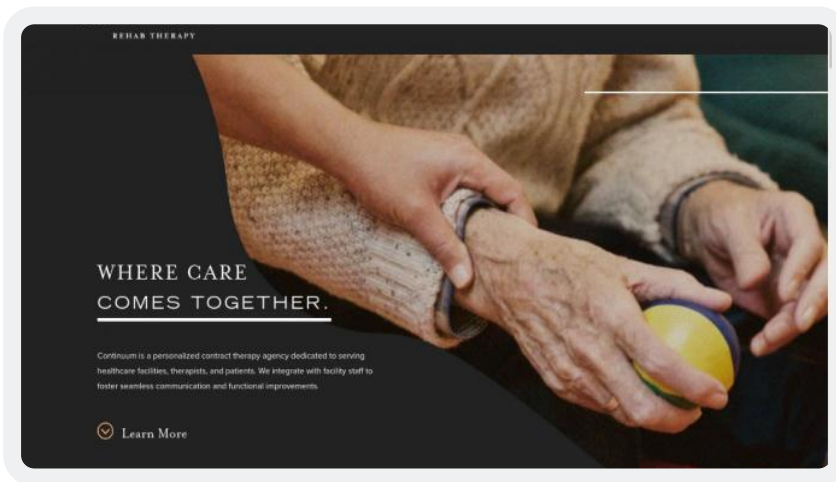13.6% average increase in sessions in the previous period

SECURITY

Your website is safe

✅ BACKUPS

Backups created: 31
01/01/2023 to 01/31/2023

Total backups available: **90**

LATEST BACKUPS

Backup size 331.41MB	WordPress version 6.1.1	Active Theme Creative Bread Studio	Active Plugins 16

Published posts 1	Approved comments 1

✅ UPTIME

Up for: **146d 15h**
Overall Uptime: **100.000%**

OVERVIEW

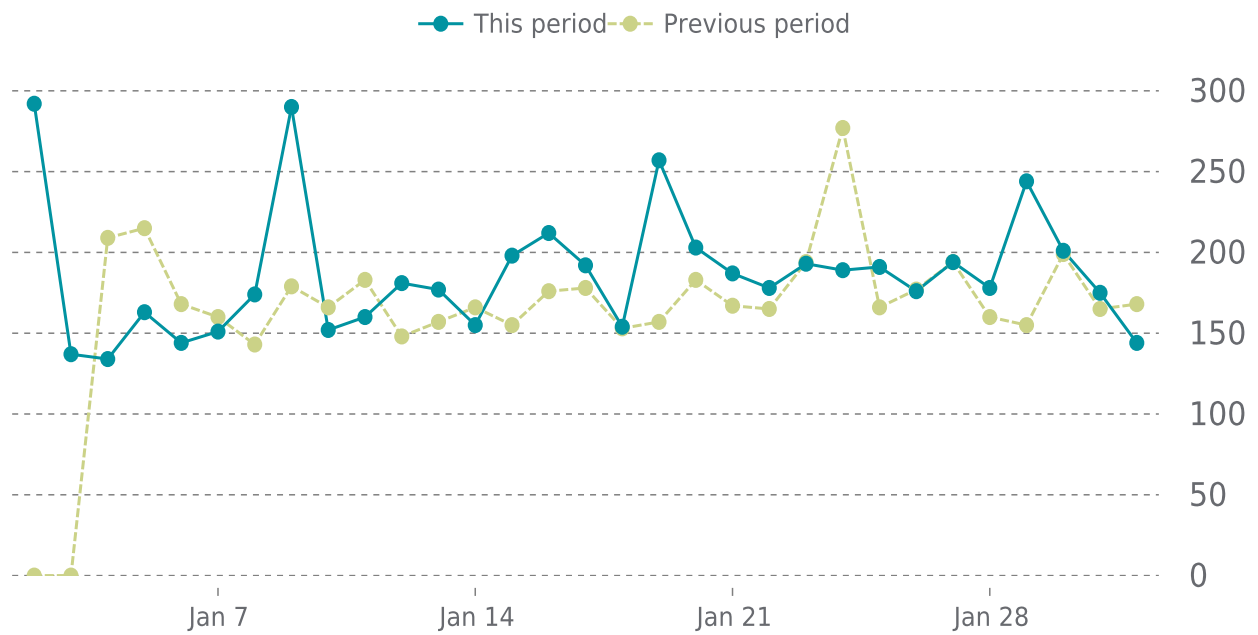| last 24 hours	last 7 days	last 30 days
100%	**100%**	**100%**

UPTIME HISTORY

Event	Date	Reason	Duration
UP	09/07/2022	-	146d 15h

✅ ANALYTICS

Traffic up by: **13.6%**

01/01/2023 to 01/31/2023

SESSIONS

✅ SECURITY

Total security checks: **31**

01/01/2023 to 01/31/2023

MOST RECENT SCAN

01/31/2023

Status: Clean

Malware:	Clean	Web Trust:	Clean	Vulnerabilities:	0

SECURITY SCAN HISTORY (1/3)

Date	Malware	Vulnerabilities	Web Trust
01/31/2023 7:15	Clean	Clean	Clean
01/30/2023 4:30	Clean	Clean	Clean
01/29/2023 7:30	Clean	Clean	Clean
01/28/2023 7:16	Clean	Clean	Clean
01/27/2023 7:16	Clean	Clean	Clean
01/26/2023 6:15	Clean	Clean	Clean
01/25/2023 8:01	Clean	Clean	Clean
01/24/2023 5:48	Clean	Clean	Clean
01/23/2023 8:00	Clean	Clean	Clean

SECURITY SCAN HISTORY (2/3)

Date	Malware	Vulnerabilities	Web Trust
01/22/2023 4:33	Clean	Clean	Clean
01/21/2023 8:01	Clean	Clean	Clean
01/20/2023 6:02	Clean	Clean	Clean
01/19/2023 7:48	Clean	Clean	Clean
01/18/2023 7:16	Clean	Clean	Clean
01/17/2023 7:16	Clean	Clean	Clean
01/16/2023 6:16	Clean	Clean	Clean
01/15/2023 7:31	Clean	Clean	Clean
01/14/2023 5:17	Clean	Clean	Clean
01/13/2023 7:46	Clean	Clean	Clean
01/12/2023 7:18	Clean	Clean	Clean
01/11/2023 7:16	Clean	Clean	Clean
01/10/2023 6:32	Clean	Clean	Clean
01/09/2023 7:30	Clean	Clean	Clean
01/08/2023 7:15	Clean	Clean	Clean

SECURITY SCAN HISTORY (3/3)

Date	Malware	Vulnerabilities	Web Trust
01/07/2023 3:00	Clean	Clean	Clean
01/06/2023 0:15	Clean	Clean	Clean
01/05/2023 7:45	Clean	Clean	Clean
01/04/2023 6:32	Clean	Clean	Clean
01/03/2023 0:17	Clean	Clean	Clean
01/02/2023 8:00	Clean	Clean	Clean
01/01/2023 7:32	Clean	Clean	Clean

BREAD

Our team is dedicated to providing you with comprehensive, constant web hosting support. If you have any questions or concerns about the information in this report, please reach out to BREAD; we exist to help you win!

Your BREAD Maintenance Team